

The Anatomy Of Hope How People Prevail In The Face Of Illness

Handbook of HopeThe Anatomy LessonThe Anatomy of BloomThe Anatomy of WingsAnatomy of HopeThe Anatomy of HopeThe Anatomy of NegationHope and Other Dangerous PursuitsUsing the Power of Hope to Cope with DyingThe Anatomy of MelancholyAnatomy of a DisappearanceHope RisingThe Anatomy of DreamsAnatomy of an Illness as Perceived by the PatientThe Measure of Our DaysSecond OpinionsLeadership and Self-deceptionAnatomy of LoveThe Anatomy of BeingAnatomy of Terror: From the Death of bin Laden to the Rise of the Islamic StateAnatomy of the SoulMaking Hope HappenThe Anatomy of LonelinessRules of HopeAnatomy of InjusticeThe Anatomy of PeaceThe Anatomy of a CallingHow Doctors ThinkThe Anatomy of PeaceThe Anatomy of HopeWhy Air Forces Fail, revised and expanded editionAnatomy of a MiracleThe Anatomy of Human DestructivenessAnatomy of Innocence: Testimonies of the Wrongfully ConvictedThe Anatomy of DeceptionThe Anatomy of ViolenceHead FirstAnatomy of a SoldierUnderstanding AmericaThe Anatomy of Hope

Handbook of Hope

Explores the diverse ways in which hope and other positive emotions influence the healing process, drawing on real-life experiences to analyze the

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biology of hope, as well as its benefits and limits.

The Anatomy Lesson

“A dream of a debut, by turns troubling and glorious, angry and wise.” —Junot Diaz *Hope and Other Dangerous Pursuits*, the debut of Pulitzer Prize and National Book Award finalist Laila Lalami, evokes the grit and enduring grace that is modern Morocco. The book begins as four Moroccans illegally cross the Strait of Gibraltar in an inflatable boat headed for Spain. What has driven them to risk their lives? And will the rewards prove to be worth the danger?

There’s Murad, a gentle, unemployed man who’s been reduced to hustling tourists around Tangier; Halima, who’s fleeing her drunken husband and the slums of Casablanca; Aziz, who must leave behind his devoted wife in hope of securing work in Spain; and Faten, a student and religious fanatic whose faith is at odds with an influential man determined to destroy her future. Sensitively written with beauty and boldness, this is a gripping book about what propels people to risk their lives in search of a better future.

The Anatomy of Bloom

A study of aggression from the renowned social psychologist and New York Times–bestselling author of *The Art of Loving* and *Escape from Freedom*. Throughout history, humans have shown an incredible talent for destruction as well as creation. Aggression has driven us to great heights and brutal lows. In *The Anatomy of Human Destructiveness*, renowned social

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psychologist Erich Fromm discusses the differences between forms of aggression typical for animals and two very specific forms of destructiveness that can only be found in human beings: sadism and necrophilic destructiveness. His case studies span zoo animals, necrophiliacs, and the psychobiographies of notorious figures such as Adolf Hitler and Joseph Stalin. Through his broad scholarship, Fromm offers a comprehensive exploration of the human impulse for violence. This ebook features an illustrated biography of Erich Fromm including rare images and never-before-seen documents from the author's estate.

The Anatomy of Wings

This edition tackles the issue of self-deception and provides methodologies to help people overcome it.

Anatomy of Hope

Recalling the great muckrakers of the past, an outraged team of America's best-selling writers unite to confront the disasters of wrongful convictions. Wrongful convictions, long regarded as statistical anomalies in an otherwise sound justice system, now appear with frightening regularity. But few people understand just how or why they happen and, more important, the immeasurable consequences that often haunt the lucky few who are acquitted, years after they are proven innocent. Now, in this groundbreaking anthology, fourteen exonerated inmates narrate their stories to a roster of high-profile mystery and thriller writers—including Lee Child, Sara

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Paretsky, Laurie R. King, Jan Burke and S. J. Rozan—while another exoneree's case is explored in a previously unpublished essay by legendary playwright Arthur Miller. An astonishing and unique collaboration, these testimonies bear witness to the incredible stories of innocent men and women who were convicted of serious crimes and cast into the maw of a vast and deeply flawed American criminal justice system before eventually, and miraculously, being exonerated. Introduced by best-selling authors Scott Turow and Barry Scheck, these master storytellers capture the tragedy of wrongful convictions as never before and challenge readers to confront the limitations and harsh realities of the American criminal justice system. Lee Child tells of Kirk Bloodsworth, who obsessively read about the burgeoning field of DNA testing, cautiously hoping that it held the key to his acquittal—until he eventually became the first person to be exonerated from death row based on DNA evidence. Judge John Sheldon and author Gayle Lynds team up to share Audrey Edmunds's experience raising her children long distance from her prison cell. And exoneree Gloria Killian recounts to S. J. Rozan her journey from that fateful "knock on the door" and the initial shock of accusation to the scars she carries today. Together, the powerful stories collected within the Anatomy of Innocence detail every aspect of the experience of wrongful conviction, as well as the remarkable depths of endurance sustained by each exoneree who never lost hope.

The Anatomy of Hope

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On average, a physician will interrupt a patient describing her symptoms within eighteen seconds. In that short time, many doctors decide on the likely diagnosis and best treatment. Often, decisions made this way are correct, but at crucial moments they can also be wrong—with catastrophic consequences. In this myth-shattering book, Jerome Groopman pinpoints the forces and thought processes behind the decisions doctors make. Groopman explores why doctors err and shows when and how they can—with our help—avoid snap judgments, embrace uncertainty, communicate effectively, and deploy other skills that can profoundly impact our health. This book is the first to describe in detail the warning signs of erroneous medical thinking and reveal how new technologies may actually hinder accurate diagnoses. *How Doctors Think* offers direct, intelligent questions patients can ask their doctors to help them get back on track. Groopman draws on a wealth of research, extensive interviews with some of the country's best doctors, and his own experiences as a doctor and as a patient. He has learned many of the lessons in this book the hard way, from his own mistakes and from errors his doctors made in treating his own debilitating medical problems. *How Doctors Think* reveals a profound new view of twenty-first-century medical practice, giving doctors and patients the vital information they need to make better judgments together.

The Anatomy of Negation

Ten-year-old Jennifer Day lives in a small mining town

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full of secrets. Trying to make sense of the sudden death of her teenage sister Beth, she looks to the adult world around her for answers.

Hope and Other Dangerous Pursuits

Since the publication of the first edition of *Why Air Forces Fail*, the debate over airpower's role in military operations has only intensified. Here, eminent historians Robin Higham and Stephen J. Harris assemble a team of experts to add essential new details to their cautionary tale for current practitioners of aerial warfare. Together, the contributors examine the complex, often deep-seated, reasons for the catastrophic failures of the Russian, Polish, French, British, Italian, German, Argentine, and American air services. Complemented by reading lists and suggestions for further research, this seminal study with two new chapters provides an essential and detailed analysis of defeat.

Using the Power of Hope to Cope with Dying

Tells of how engaging to the fullest a patient's own capabilities for overcoming illness resulted in a recovery from a crippling and supposedly irreversible disease.

The Anatomy of Melancholy

Hope Rising is a clarion call to apply the science of hope in daily life and overcome the trauma, adversity,

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and struggles everyone must face. Hope is the most predictive indicator of well-being in a person's life in all the research done on trauma, illness, and resiliency. Based on nearly 2,000 published studies about hope, including their own research, Casey Gwinn and Chan Hellman call for rising hope to be the focus not only in personal lives, but in public policy in education, business, social services, and every other part of society. Hope is measurable. Hope is malleable. Hope changes lives. Hope Rising provides a roadmap to measure hope in your life, assess what may have robbed you of the power of hope, and then provides strategies to increase hope. It challenges every reader to be transparent and honest about their own stories of struggle and adversity, calls for the end of shame and blame in addressing the struggles of those who have experienced trauma, illness, or abuse, and provides practical ways to increase your Hope score and thrive because of it.

Anatomy of a Disappearance

A My Chemical Romance appreciation zine featuring stories from fans, pictures, and collages of Gerard Way's tweets. Especially emphasized is the feminist nature of My Chemical Romance's messages.

Hope Rising

An exploration of human behavior examines the innate aspects of love, sex, and marriage, discussing flirting behavior, courting postures, the brain chemistry of attraction, divorce and adultery in

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societies around the world, and more. Reprint.

The Anatomy of Dreams

Set in one day in 1632, *The Anatomy Lesson* is a stunning portrayal of Golden Age Amsterdam and a brilliantly imagined back-story to Rembrandt's first great work of art. Told from several points of view, ranging from a curio dealer who collects bodies for the city's chief anatomist to philosopher Rene Descartes, the novel opens on the morning of the medical dissection that is to be recorded by the twenty-six-year-old artist from Leiden who has yet to attach his famous signature to a painting. As the story builds to its dramatic and inevitable conclusion, the events that transpire throughout the day sway Rembrandt to make fundamental changes to his initial composition. These changes will remain mysteries for centuries until a young art historian closely examines the painting in the twenty-first century, and makes surprising discoveries about the painter, his process, and his genius for capturing enduring truths about human nature in a single moment.

Anatomy of an Illness as Perceived by the Patient

The Measure of Our Days

A physician recounts his experiences with the dying and details how different people react to a diagnosis of terminal illness

Second Opinions

In the tradition of Caleb Carr's *The Alienist* and Matthew Pearl's *The Dante Club*, this mesmerizing forensic thriller thrusts the reader into the operating rooms, drawing rooms, and back alleys of 1889 Philadelphia, as a doctor grapples with the principles of scientific process to track a daring killer. In the morgue of a Philadelphia hospital, physicians uncover the corpse of a beautiful young woman. What they see takes their breath away. Within days, one doctor, Ephraim Carroll, strongly suspects that he knows the woman's identity. . .and the horrifying events that led to her death. But in this richly atmospheric debut novel – an ingenious blend of history, suspense, and early forensic science – the most compelling chapter is yet to come, as the young doctor is plunged into a maze of murder, secrets, and unimaginable crimes. Peopled with vibrant real-life characters such as Canadian William Osler, hailed as the Father of Modern Medicine; famed surgeon William Stewart Halsted, who performed the first emergency blood transfusion and invented surgical gloves; and the controversial painter Thomas Eakins, *The Anatomy of Deception* brings to life a little-known and exciting turning-point in American medical history, when ignorant butchery gave way to intelligent surgery—and a young doctor is forced to confront an agonizing moral choice between exposing a killer, undoing a wrong, and, quite possibly, protecting the future of medicine itself. From the Hardcover edition.

Leadership and Self-deception

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“Funny, bighearted Miles specializes in giving fully rounded humanity to characters who might elsewhere be treated as stock figures pitch-perfect.” — New York Times Book Review “Miles is a writer so virtuosic that readers will feel themselves becoming better, more observant people from reading him.” — Los Angeles Review of Books A profound new novel about a paralyzed young man’s unexplainable recovery—a stunning exploration of faith, science, mystery, and the meaning of life Rendered paraplegic after a traumatic event four years ago, Cameron Harris has been living his new existence alongside his sister, Tanya, in their battered Biloxi, Mississippi neighborhood where only half the houses made it through Katrina. One stiflingly hot August afternoon, as Cameron sits waiting for Tanya during their daily run to the Biz-E-Bee convenience store, he suddenly and inexplicably rises up and out of his wheelchair. In the aftermath of this “miracle,” Cameron finds himself a celebrity at the center of a contentious debate about what’s taken place. And when scientists, journalists, and a Vatican investigator start digging, Cameron’s deepest secrets—the key to his injury, to his identity, and, in some eyes, to the nature of his recovery—become increasingly endangered. Was Cameron’s recovery a genuine miracle, or a medical breakthrough? And, finding himself transformed into a symbol, how can he hope to retain his humanity? Brilliantly written as closely observed journalistic reportage and filtered through a wide lens that encompasses the vibrant characters affected by Cameron’s story, *Anatomy of a Miracle* will be read, championed, and celebrated as a powerful story of

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our time, and the work of a true literary master.

Anatomy of Love

Written as an engaging story, this book shows how mistaken views can cause people to misread situations and exacerbate the issues they wish to improve. "The Anatomy of Peace" illustrates how to make inner peace a potent tool for achieving outer satisfaction.

The Anatomy of Being

This mesmerizing literary novel is written with all the emotional precision and intimacy that have won Hisham Matar tremendous international recognition. In a voice that is delicately wrought and beautifully tender, he asks: When a loved one disappears, how does that absence shape the lives of those who are left? "A haunting novel, exquisitely written and psychologically rich."—The Washington Post Nuri is a young boy when his mother dies. It seems that nothing will fill the emptiness her death leaves behind in the Cairo apartment he shares with his father—until they meet Mona, sitting in her yellow swimsuit by the pool of the Magda Marina hotel. As soon as Nuri sees Mona, the rest of the world vanishes. But it is Nuri's father with whom Mona falls in love and whom she eventually marries. Their happiness consumes Nuri to the point where he wishes his father would disappear. Nuri will, however, soon regret what he's wished for. When his father, a dissident in exile from his homeland, is abducted under mysterious

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circumstances, the world that Nuri and his stepmother share is shattered. And soon they begin to realize how little they knew about the man they both loved. "At once a probing mystery of a father's disappearance and a vivid coming-of-age story . . . This novel is compulsively readable."—The Plain Dealer "Studded with little jewels of perception, deft metaphors and details that illuminate character or set a scene."—The New York Times "One of the most moving works based on a boy's view of the world."—Newsweek "Elegiac . . . [Hisham Matar] writes of a son's longing for a lost father with heartbreaking acuity."—Newsday Don't miss the conversation between Hisham Matar and Hari Kunzru at the back of the book. NAMED ONE OF THE BEST BOOKS OF THE YEAR BY THE Chicago Tribune • The Daily Beast • The Independent • The Guardian • The Daily Telegraph • Toronto Sun • The Irish Times Look for special features inside. Join the Circle for author chats and more. BONUS: This edition contains an excerpt from Hisham Matar's *In the Country of Men*.

Anatomy of Terror: From the Death of bin Laden to the Rise of the Islamic State

Anatomy of the Soul

Introducing Cathleen Fanslow's "Hope System," which incorporates the four stages of hope (hope for cure, for treatment, for prolongation of life, and for peaceful death), this book shows both the living and the dying how to use the power of hope to cope with

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the inevitable. This powerful and simple system enables families, friends, and professional caregivers to understand and assist the dying on their journey--regardless of their beliefs--by addressing all levels of the experience: physical, emotional, psychological, and spiritual. Concentrating on solutions for the day-to-day emotional needs of the dying, this practical guide also features examples and stories from families that have experienced loss, as well as helpful passages that provide hope throughout the ordeal.

Making Hope Happen

An inspiring and profoundly enlightening exploration of one doctor's discovery of how hope can change the course of illness Since the time of the ancient Greeks, human beings have believed that hope is essential to life. Now, in this groundbreaking book, Harvard Medical School professor and New Yorker staff writer Jerome Groopman shows us why. The search for hope is most urgent at the patient's bedside. *The Anatomy of Hope* takes us there, bringing us into the lives of people at pivotal moments when they reach for and find hope--or when it eludes their grasp. Through these intimate portraits, we learn how to distinguish true hope from false, why some people feel they are undeserving of it, and whether we should ever abandon our search. Can hope contribute to recovery by changing physical well-being? To answer this hotly debated question, Groopman embarked on an investigative journey to cutting-edge laboratories where researchers are unraveling an authentic

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biology of hope. There he finds a scientific basis for understanding the role of this vital emotion in the outcome of illness. Here is a book that offers a new way of thinking about hope, with a message for all readers, not only patients and their families. "We are just beginning to appreciate hope's reach," Groopman writes, "and have not defined its limits. I see hope as the very heart of healing."

The Anatomy of Loneliness

Anatomy of a Soldier is a stunning first novel—of patriotism, heroism, and profound humanism—that will immediately take its place on the shelf of classics about what it truly means to be at war. Let's imagine a man called Captain Tom Barnes, aka BA5799, who's leading British troops in the war zone. And two boys growing up together there, sharing a prized bicycle and flying kites before finding themselves estranged once foreign soldiers appear in their countryside. And then there's the man who trains one of them to fight against the other's father and all these infidel invaders. Then imagine the family and friends who radiate out from these lives, people on all sides of this conflict where virtually everyone is caught up in the middle of something unthinkable. But then regard them not as they see themselves but as all the objects surrounding them do: shoes and boots, a helmet, a bag of fertilizer, a medal, a beer glass, a snowflake, dog tags, and a horrific improvised explosive device that binds them all together by blowing one of them apart—forty-five different narrators in all, including the multiple medical

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implements subsequently required to keep Captain Barnes alive. The result is a novel that reveals not only an author with a striking literary talent and intelligence but also the lives of people—whether husband or wife, father or mother, son or daughter—who are part of this same heart-stopping journey. A work of extraordinary humanity and hope, created out of something hopeless and dehumanizing, it makes art out of pain and suffering and takes its place in a long and rich line of novels that articulate the lives that soldiers lead. In the boom of an instant, and in decades of very different lives and experiences, we see things we've never understood so clearly before. From the Hardcover edition.

Rules of Hope

Explores the art and science of the decision-making process amid the complexities of contemporary medicine and describes how such factors as the realities of medical politics and patient intuition play a key role in critical medical decisions. Reprint.

Anatomy of Injustice

Here at last is a comprehensive introduction to the career of America's leading intellectual. The Anatomy of Bloom surveys Harold Bloom's life as a literary critic, exploring all of his books in chronological order, to reveal that his work, and especially his classic *The Anxiety of Influence*, is best understood as an expression of reprobate American Protestantism and yet haunted by a Jewish fascination with the

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Holocaust. Heys traces Bloom's intellectual development from his formative years spent as a poor second-generation immigrant in the Bronx to his later eminence as an international literary phenomenon. He argues that, as the quintessential living embodiment of the American dream, Bloom's career-path deconstructs the very foundations of American Protestantism.

The Anatomy of Peace

Hope has been called the "life blood of the soul", an indispensable condition for human existence. Yet evidence in this book suggests that hope is neither a necessary nor a universal part of life. Rather, hope is constituted in accordance with cultural norms, and hence it may vary fundamentally from one society to another. In the first of four studies, Averill, Catlin, and Chon delineate four classes of rules that help constitute hope in Western societies. A second study examines the similarities and differences between hope and other, more prototypic emotions, such as anger and love. The third study uses content analyses of maxims and metaphors to clarify further the Western model of hope. In the fourth study, hope is compared with *himang*, its closest counterpart in Korea. The results of these studies provide the basis for an analysis of the functions of hope, on both the individual and social levels. But this book is not simply about hope. It is also about emotions in general. Current psychological theories focus on emotions that have distinct physiological components (e.g., fear and anger) and that can be investigated using animal

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models. As a consequence, our theories have a strong biological orientation. How would our theories change if they were to encompass more cognitively oriented emotions, such as hope? Rules of Hope provides some answers to this question.

The Anatomy of a Calling

Do you want to improve your relationships and experience lasting personal change? Join Curt Thompson, M.D., on an amazing journey to discover the surprising pathways for transformation hidden inside your own mind. Integrating new findings in neuroscience and attachment with Christian spirituality, Dr. Thompson reveals how it is possible to rewire your mind, altering your brain patterns and literally making you more like the person God intended you to be. Explaining discoveries about the brain in layman's terms, he shows how you can be mentally transformed through spiritual practices, interaction with Scripture, and connections with other people. He also provides practical exercises to help you experience healing in areas where you've been struggling. Insightful and challenging, *Anatomy of the Soul* illustrates how learning about one of God's most miraculous creations—your brain—can enrich your life, your relationships, and your impact on the world around you.

How Doctors Think

Following in the footsteps of the success of *The Completion Process*, bestselling author and modern

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spiritual leader, Teal Swan offers an in-depth exploration and understanding of loneliness. Drawing on her extraordinary healing technique; the Connection Process Teal offers a way to experience connection once again. Loneliness is reaching endemic proportions in our society, reflected by rising suicide rates and increased mental illness. Now, more than ever we need to find a way to connect.

Loneliness, is a feeling of separation or isolation, it is not necessarily the same as the physical state of being alone. This book is for people who suffer from loneliness, the kind that cannot be solved by simply being around other people. Their aloneness is a deeply embedded pattern that is both negative and painful; it is often fueled by trauma, loss, addiction, grief and a lack of self-esteem and insecurity. In *The Anatomy of Loneliness*, Teal identifies the three pillars or qualities of loneliness: Separation, Shame and Fear and goes on to share her revolutionary technique; The Connection Process, a form of intuitive journeying, usually involving two people a 'receiver' and a 'journeyer'. Through a series of exercises each person experiences 'walls' and 'blockages' as they move through the process both participants face their fears learning from these to reach a place of unconditional love and acceptance.

The Anatomy of Peace

The idea of an exceptional America remains controversial. In this dazzlingly comprehensive collection of essays, some of the nation's best scholars and thinkers take on the weighty task of

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sizing up Goliath in a way Americans and others can comprehend. These twenty studies in American exceptionalism provide a solidly researched and in-depth analysis on the current state of our institutions, our values, and our challenges for the future.

The Anatomy of Hope

This is the anatomy of our being. This is our flesh, our muscles, our sinews and our limbs all tangled up beside each other. And this, is what they found when we left it all behind.

Why Air Forces Fail, revised and expanded edition

"Anyone who wants to understand the world we live in now should read this book." —Lawrence Wright To eliminate the scourge of terrorism, we must first know who the enemy actually is, and what his motivations are. In *Anatomy of Terror*, former FBI special agent and New York Times best-selling author Ali Soufan dissects Osama bin Laden's brand of jihadi terrorism and its major offshoots, revealing how these organizations were formed, how they operate, their strengths, and—crucially—their weaknesses. This riveting account examines the new Islamic radicalism through the stories of its flag-bearers, including a U.S. Air Force colonel who once served Saddam Hussein, a provincial bookworm who declared himself caliph of all Muslims, and bin Laden's own beloved son Hamza, a prime candidate to lead the organization his late father founded. *Anatomy of Terror* lays bare the

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psychology and inner workings of al-Qaeda, the Islamic State, and their spawn, and shows how the spread of terror can be stopped. Winner of the Airey Neave Memorial Book Prize

Anatomy of a Miracle

The Anatomy of Human Destructiveness

Explores the diverse ways in which hope and other positive emotions influence the healing process, drawing on real-life experiences to analyze the biology of hope, as well as its benefits and limits.

Anatomy of Innocence: Testimonies of the Wrongfully Convicted

'We are just beginning to appreciate hope's reach and have not defined its limits. I see hope as the very heart of healing.' So writes Jerome Groopman, who has been a doctor for almost thirty years. In this unique book he describes the astonishing effects that hope, or the lack of it, can have on an illness. As a patient, he has also learned to overcome cynicism and defeatism and embrace hope. Here, with great wisdom and compassion, he reveals what he has learned about hope and its ability to triumph over disease, both emotionally and physically. The search for hope is most urgent at a patient's bedside. THE ANATOMY OF HOPE takes us there, bringing us into the lives of people at pivotal moments when they reach for and find hope -- or when it eludes their

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grasp. Through these intimate portraits, we learn how to distinguish true hope from false, why everyone deserves to have hope, and whether we should ever give up. Fascinating, wise and inspiring, this is an essential book for anyone facing serious illness or who is dealing with a loved one in extremis.

The Anatomy of Deception

Draws on cutting-edge research and inspiring true stories about people who resolved to build better lives for themselves, their families and their communities in a guide based on the author's research about the psychology of hope that provides a scientifically based, customizable blueprint for meeting goals.

The Anatomy of Violence

Hope has previously been a construct more of interest to philosophy and religion than in psychology. New research has shown, however, that hope is closely related to optimism, feelings of control, and motivation toward achieving one's goals. The Handbook of Hope presents a comprehensive overview of the psychological inquiry into hope, including its measurement, its development in children, how its loss is associated with specific clinical disorders, and therapeutic approaches that can help instill hope in those who have lost theirs. A final section discusses hope in occupational applications: how the use of hope can make one a better coach, teacher, or parent. Key Features *

Defines hope as a construct and describes

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development of hope through the lifespan * Provides multiple instruments for measuring hope * Guides professionals in how to assess hope levels & implement hope as part of therapy * Relates hope to all portions of the population * Includes case studies, figures, and tables to aid understanding of research findings and concepts; discusses the importance of hope to relationships, achieving goals, and success at work

Head First

Sylvie Patterson joins scientist Adrian Keller and former flame Gabe on a quest to introduce people to lucid dreaming, but a mysterious couple inspire Sylvie to question the ethics of their work while she grapples with the shifting boundaries of reality.

Anatomy of a Soldier

In *The Anatomy of a Calling*, Lissa Rankin, MD, makes a simple yet revolutionary claim: We are all, every single one of us, heroes. We are all on what Joseph Campbell calls "a hero's journey;" we are all on a mission to step into our true nature and fulfill the assignment our souls were sent to Earth to fulfill. Navigating the hero's journey, Dr. Rankin argues, is one of the cornerstones of living a meaningful, authentic, healthy life. In clear, engaging prose, Dr. Rankin describes her entire spiritual journey for the first time--beginning with what she calls her "perfect storm" of events--and recounts the many transformative experiences that led to a profound

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awakening of her soul. Through her father's death, her daughter's birth, career victories and failures, and an ongoing struggle to identify as both a doctor and a healer, Dr. Rankin discovers a powerful self-awareness. As she shares her story, she encourages you to find out where you are on your own journey and offers wisdom and inspiration in the form of "Hero's Guideposts" along the way. Dr. Rankin weaves in lessons on trusting intuition, surrendering to love, and learning to see adversity as an opportunity for soul growth. Much more than a memoir, *The Anatomy of a Calling* guides you to make a powerful shift in consciousness and reach your highest destiny.

Understanding America

From Pulitzer Prize winner Raymond Bonner, the gripping story of a grievously mishandled murder case that put a twenty-three-year-old man on death row. In January 1982, an elderly white widow was found brutally murdered in the small town of Greenwood, South Carolina. Police immediately arrested Edward Lee Elmore, a semiliterate, mentally retarded black man with no previous felony record. His only connection to the victim was having cleaned her gutters and windows, but barely ninety days after the victim's body was found, he was tried, convicted, and sentenced to death. Elmore had been on death row for eleven years when a young attorney named Diana Holt first learned of his case. With the exemplary moral commitment and tenacious investigation that have distinguished his reporting

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career, Bonner follows Holt's battle to save Elmore's life and shows us how his case is a textbook example of what can go wrong in the American justice system. Moving, enraging, suspenseful, and enlightening, *Anatomy of Injustice* is a vital contribution to our nation's ongoing, increasingly important debate about inequality and the death penalty.

The Anatomy of Hope

A criminologist who specializes in the neurological and biosocial bases of antisocial and violent behavior explains how impairments to areas of the brain that control fear, decision-making, and empathy can increase the likelihood of criminal activity.

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