

## **Project 333 The Minimalist Fashion Challenge That Proves Less Really Is So Much More**

Living with LessThe More of LessThe Joy of LessLessons from Madame ChicCreatures of PassageThe Minimalist KitchenOnly Love TodayThe Year of LessGet Started with GouacheLightlyHow to Get DressedFollow This ThreadClutterfree with KidsAt Home with Madame ChicBeyond BeautifulLet It GoMinimalism: Live a Meaningful LifeStyle Made SimpleThe Other SisterThe Capsule WardrobeMaking Space, Clutter FreeWalter GropiusHands Free LifeThe Joy of MinimalismThe Power of KnittingStyle Not FashionSimply Living WellProject 3331000+ Little Things Happy Successful People Do DifferentlyProject 333Less StuffMindful SimplicitySoulful SimplicityHands Free MamaThe Curated ClosetClassic StyleThe Social OrganismThe Conscious ClosetMinimalThe Truth About Style

### **Living with Less**

An engaging illustrated toolbox of ideas and advice for organizing, entertaining and enjoying a stylish life draws on the author's experiences as a foreign exchange student in Paris and her strategies for organizing her own family home. 60,000 first printing.

### **The More of Less**

A gorgeously illustrated guide to "the classics": the essential clothes, accessories, beauty products, and timeless everyday objects that define your personal style. In CLASSIC STYLE, fashion expert and illustrator Kate Schelter curates a collection of more than 150 iconic, essential classics-- clothes, accessories, beauty products, objects, and travel items that exemplify great design, simplicity, and timeless style. Balancing the trend toward minimalism with a dose of charm and personality, Kate shows you how to develop (and celebrate!) your own style by following an easy mantra: buy less, buy better, reinvent what you already have, and own your look. Now in her first book, she guides readers through these principles in a mix of stunning watercolor illustrations, stories, memories, quotes, and advice from a collection of friends and mentors in the fashion world. A visual gem, CLASSIC STYLE will inspire you to pare down those stuffed closets and storage units, find joy in simplicity and usefulness, and rediscover the one thing that is truly essential to personal style--you!

### **The Joy of Less**

Say goodbye to clutter, reduce stress, and live simply with this easy-to-use guide to downsizing! Whether you are selling your family home, blending households into a new home, or cleaning out your aging parents' home, sorting through a lifetime's worth of accumulated possessions can be a daunting and stressful experience. Decluttering guru Peter Walsh recently went through the process of downsizing his childhood home and dividing his late parents' family possessions. He realized that making these decisions about mementos and heirlooms creates strong emotions and can be an overwhelming chore. In Let It Go, Peter will help you turn downsizing into a rejuvenating life change with his useful tips and practical takeaways, including how to: • Understand

the emotional challenges that accompany downsizing • Establish a hierarchy of mementos and collectibles • Calculate the amount of stuff you can bring into your new life • Create strategies for dividing heirlooms among family members without drama This new phase brings unexpected freedoms and opportunities, and Peter walks you through every step of the process. You'll feel freer and happier than you ever thought possible once you Let It Go.

### **Lessons from Madame Chic**

"This isn't another Kondo-clone, because she dives into the heart of why decluttering is so difficult."— Booklist, STARRED Review Discover the freedom of a beautiful home, personal purpose, and joyful inner confidence Decluttering expert Tracy McCubbin offers revolutionary help to anyone who has repeatedly tried to break their clutter's mysterious hold. Her powerful answer lies in the 7 Emotional Clutter Blocks, unconscious obstacles that stood between thousands of her clients and financial freedom, healthy relationships, and positive outlooks. Once a Clutter Block is revealed—and healed—true transformation of home and life is possible. Her empowering techniques and strategies help you: Recognize and overcome your Clutter Block(s) to liberate your home. Lighten and purge without the rigidity of the other methods. Use your home to attain life goals like health, wealth and love. It's time to break through your Clutter Blocks and discover the lasting happiness waiting for you on the other side! Additional Praise for Making Space, Clutter Free: "What sets Tracy McCubbin apart is her kind and empathetic approach to organizing—she truly understands the psychology behind peoples' attachment to things."—Patricia Heaton "In Making Space, Clutter Free Tracy offers a realistic approach to managing your belongings. Instead of prescribing perfection, she understands our individual differences require individual strategies—and that it doesn't always need to be rational."—Cait Flanders, bestselling author of The Year of Less

### **Creatures of Passage**

The New York Times bestselling style guide from the cohost of What Not to Wear It's clear why Women's Wear Daily hails Stacy London as "the Dr. Phil of fashion." Since 2002, she's transformed hundreds of guests on TLC's hit show What Not to Wear. But London has more than just impeccable taste. She has a gift for seeing the core emotional issues behind a disastrous wardrobe. By sharing her own struggle with self-esteem, London illustrates how style develops confidence. Including invaluable fashion tips, advice, and a revelatory makeover section, The Truth About Style is for London's legion of fans—and everyone who longs to enhance and celebrate the body she has.

### **The Minimalist Kitchen**

Minimalism and the Simple Life Author and YouTuber, Zoey Arielle, opens up about her struggle with loving all the things in life we bring home. A hoarder in disguise, Arielle has mastered the tools needed to embrace simplicity and the minimalist philosophy. Minimalism guide. It's natural to love stuff! More than that, it's natural to love your stuff. That notebook from 8th grade, your Disney VHS, mismatched socks. They all have sentimental value and they all take up space. Zoey Arielle Poulsen's The Joy of Minimalism is the friendly guide you've been searching for as you embark on a life of simplicity. Life can stress anyone out. So, by embracing minimalism, you'll be saying goodbye to stress and everything that you never needed anyway.

Discover a greater focus and true freedom as you live your new life with a real sense of gratitude for everything and everyone around you. Enjoy the simple life. In *The Joy of Minimalism* Poulsen shows you how to simplify the act of letting go while sharing her personal journey into this calmer sense of life. Beyond offering specific tips on transitioning, she also invites you to journal your new awakening. Minimalism is more than a movement or fad, it's a sense of happiness and practice that will bring you closer to your true self. *The Joy of Minimalism* teaches you to live better with less. You'll learn how to: Rediscover the freedom of owning less Embrace life and all the non-material things the world has to offer Master your own personal style for organizing and decluttering Celebrate your new life with a free mind If you have read hoarding and decluttering books such as *Decluttering at the Speed of Life*, *What Your Clutter is Trying to Tell You*, or *The Clutter Connection*, you will love *The Joy of Minimalism*.

### **Only Love Today**

“Rachel Macy Stafford's post "The Day I Stopped Saying Hurry Up" was a true phenomenon on The Huffington Post, igniting countless conversations online and off about freeing ourselves from the vicious cycle of keeping up with our overstuffed agendas. Hands Free Mama has the power to keep that conversation going and remind us that we must not let our lives pass us by.” --Arianna Huffington, Chair, President, and Editor-in-Chief of the Huffington Post Media Group, nationally syndicated columnist, and author of thirteen books <http://www.huffingtonpost.com/> DISCOVER THE POWER, JOY, AND LOVE of Living “Hands Free” If technology is the new addiction, then multi-tasking is the new marching order. We check our email while cooking dinner, send a text while bathing the kids, and spend more time looking into electronic screens than into the eyes of our loved ones. With our never-ending to-do lists and jam-packed schedules, it's no wonder we're distracted. But this isn't the way it has to be. In July 2010, special education teacher and mother Rachel Macy Stafford decided enough was enough. Tired of losing track of what matters most in life, Rachel began practicing simple strategies that enabled her to momentarily let go of largely meaningless distractions and engage in meaningful soul-to-soul connections. She started a blog to chronicle her endeavors and soon saw how both external and internal distractions had been sabotaging her happiness and preventing her from bonding with the people she loves most. Hands Free Mama is the digital society's answer to finding balance in a media-saturated, perfection-obsessed world. It doesn't mean giving up all technology forever. It doesn't mean forgoing our jobs and responsibilities. What it does mean is seizing the little moments that life offers us to engage in real and meaningful interaction. It means looking our loved ones in the eye and giving them the gift of our undivided attention, leaving the laundry till later to dance with our kids in the rain, and living a present, authentic, and intentional life despite a world full of distractions. So join Rachel and go hands-free. Discover what happens when you choose to open your heart—and your hands—to the possibilities of each God-given moment.

### **The Year of Less**

*Purl and stitch: Empowering, healing, and reconnecting us to each other and ourselves* In a fractured world plagued by anxiety and loneliness, knitting is coming to the rescue of people from all walks of life. Economist and lifelong knitter Loretta Napoleoni unveils the hidden power of the purl and stitch mantra: an essential tool for the survival of our species, a means for women to influence history, a soothing activity to calm us, and a powerful metaphor of life. This book is a voyage through our history following the yarn of social, economic and political changes - from ancient Egypt and Peru to modern Mongolia, from the spinning bees of the American Revolution to the knitting spies of World War II, and from the hippies' rejection of consumerism to

yarnbombing protests against climate change. For the author it is also a personal journey of discovery and salvation, drawing on the wisdom her grandmother passed along as they knit together. Revealing recent discoveries in neuroscience, *The Power of Knitting* offers proof of the healing powers of knitting on our bodies and minds. Breaking through societal barriers, even nursing broken hearts, and helping to advance cutting-edge science, knitting is still a valuable instrument for navigating our daily lives. As a bonus, the book includes patterns for ten simple yet iconic projects that reflect the creative, empowering spirit of knitting, with complete instructions.

### **Get Started with Gouache**

The practical art of making more with less--in the kitchen! Melissa Coleman, the creator of the popular design and lifestyle blog *The Faux Martha*, shares her refreshingly simple approach to cooking that delivers beautiful and satisfying meals using familiar ingredients and minimal kitchen tools. *The Minimalist Kitchen* includes 100 wholesome recipes that use Melissa's efficient cooking techniques, and the results are anything but ordinary. You'll find Biscuits with Bourbon-Blueberry Quick Jam, Pesto Garden Pasta with an easy homemade pesto, Humble Chuck Roast that's simple to prepare and so versatile, Roasted Autumn Sweet Potato Salad, Stovetop Mac and Cheese, and Two-Bowl Carrot Cupcakes. While *The Minimalist Kitchen* helps tackle one of the home's biggest problem areas --the kitchen--this book goes beyond the basics of clearing out and cleaning up, it also gives readers practical tips to maintain this simplified way of life. Melissa shows you how to shop, stock your pantry, meal plan without losing your mind, and most importantly, that delicious food doesn't take tons of ingredients or gadgets to prepare. This streamlined way of cooking is a breath of fresh air in modern lives where clutter and distraction can so easily take over.

### **Lightly**

"Description: *The Art of Painting with Gouache* is a complete guide to using the medium. It includes a history and overview as well as information on techniques, color theory, and the best materials to use for painting. Block also gives us 30 practice lessons from beginning level to advanced that build upon the techniques she presents"--

### **How to Get Dressed**

As founder of the Bauhaus school, Walter Gropius (1883–1969) is one of the icons of 20th century architecture. While his early buildings in Pomerania were still strongly marked by his teacher Peter Behrens, after an expressionistic phase focused on handicraft, he ultimately arrived at geometric abstraction. During the entire period he collaborated with other architects, founding the collective known as "The Architects Collaborative" in the US. The comprehensive monograph documents all 74 of the known buildings by Gropius that were realized, including many early works which he never publicized; but it also critically examines his unbuilt projects. The book is illustrated with new photographs by the author, historical figures, and with as new plans drawn by the author.

## **Follow This Thread**

You are juggling a thousand things: houses, husbands, kids, carpool, cleaning, cooking, laundry. You take care of EVERYONE and everything else first. As a result, your appearance and your style suffers. Through Style Made Simple, I'll walk you through the most difficult challenges one step at a time. You'll know that you're not alone.

## **Clutterfree with Kids**

"In Living with less, Joshua will guide you through biblical teachings on possessions and his own personal experience with minimalism--living with only the essential This book will challenge you to spend your hours, energy, and resources in ways that draw you closer to the heart of Jesus."--Page 4 of cover.

## **At Home with Madame Chic**

"A must-read for business leaders and anyone who wants to understand all the implications of a social world." -- Bob Iger, Chairman and Chief Executive Officer of The Walt Disney Company From tech visionaries Oliver Luckett and Michael J. Casey, a groundbreaking, must-read theory of social media -- how it works, how it's changing human life, and how we can master it for good and for profit. In barely a decade, social media has positioned itself at the center of twenty-first century life. The combined power of platforms like Facebook, Twitter, Instagram, Snapchat, and Vine have helped topple dictators and turned anonymous teenagers into celebrities overnight. In the social media age, ideas spread and morph through shared hashtags, photos, and videos, and the most compelling and emotive ones can transform public opinion in mere days and weeks, even attitudes and priorities that had persisted for decades. How did this happen? The scope and pace of these changes have left traditional businesses -- and their old-guard marketing gatekeepers -- bewildered. We simply do not comprehend social media's form, function, and possibilities. It's time we did. In The Social Organism, Luckett and Casey offer a revolutionary theory: social networks -- to an astonishing degree--mimic the rules and functions of biological life. In sharing and replicating packets of information known as memes, the world's social media users are facilitating an evolutionary process just like the transfer of genetic information in living things. Memes are the basic building blocks of our culture, our social DNA. To master social media -- and to make online content that impacts the world -- you must start with the Social Organism. With the scope and ambition of The Second Machine Age and James Gleick's The Information, The Social Organism is an indispensable guide for business leaders, marketing professionals, and anyone serious about understanding our digital world -- a guide not just to social media, but to human life today and where it is headed next.

## **Beyond Beautiful**

Wear just 33 items for 3 months and get back all the JOY you were missing while you were worrying what to wear. In Project 333, minimalist expert and author of Soulful Simplicity Courtney Carver takes a new approach to living simply--starting with your wardrobe. Project 333 promises that not only can you survive with just 33 items in your closet for 3 months, but you'll thrive just like the thousands of woman who have taken on the challenge and never

looked back. Let the de-cluttering begin! Ever ask yourself how many of the items in your closet you actually wear? In search of a way to pare down on her expensive shopping habit, consistent lack of satisfaction with her purchases, and ever-growing closet, Carver created Project 333. In this book, she guides readers through their closets item-by-item, sifting through all the emotional baggage associated with those oh-so strappy high-heel sandals that cost a fortune but destroy your feet every time you walk more than a few steps to that extensive collection of never-worn little black dresses, to locate the items that actually look and feel like you. As Carver reveals in this book, once we finally release ourselves from the cyclical nature of consumerism and focus less on our shoes and more on our self-care, we not only look great we feel great-- and we can see a clear path to make other important changes in our lives that reach far beyond our closets. With tips, solutions, and a closet-full of inspiration, this life-changing minimalist manual shows readers that we are so much more than what we wear, and that who we are and what we have is so much more than enough.

### **Let It Go**

Don't Settle for More Most of us know we own too much stuff. We feel the weight and burden of our clutter, and we tire of cleaning and managing and organizing. While excess consumption leads to bigger houses, faster cars, fancier technology, and cluttered homes, it never brings happiness. Rather, it results in a desire for more. It redirects our greatest passions to things that can never fulfill. And it distracts us from the very life we wish we were living. Live a better life with less. In *The More of Less*, Joshua Becker helps you

- Recognize the life-giving benefits of owning less
- Realize how all the stuff you own is keeping you from pursuing your dreams
- Craft a personal, practical approach to decluttering your home and life
- Experience the joys of generosity
- Learn why the best part of minimalism isn't a clean house, it's a full life

The beauty of minimalism isn't in what it takes away. It's in what it gives. Make Room in Your Life for What You Really Want "Maybe you don't need to own all this stuff." After a casual conversation with his neighbor on Memorial Day 2008, Joshua Becker realized he needed a change. He was spending far too much time organizing possessions, cleaning up messes, and looking for more to buy. So Joshua and his wife decided to remove the nonessential possessions from their home and life. Eventually, they sold, donated, or discarded over 60 percent of what they owned. In exchange, they found a life of more freedom, more contentment, more generosity, and more opportunity to pursue the things that mattered most. *The More of Less* delivers an empowering plan for living more by owning less. With practical suggestions and encouragement to personalize your own minimalist style, Joshua Becker shows you why minimizing possessions is the best way to maximize life. Are you ready for less cleaning, less anxiety, and less stress in your life? Simplicity isn't as complicated as you think.

### **Minimalism: Live a Meaningful Life**

We all yearn to look back to find we lived a life of significance. But is it even possible anymore? Considering the amount of distraction and pressure that exists in society today, living a fulfilling life may seem like an unachievable dream. But it is not—not with the nine habits outlined in this book. New York Times bestselling author and widely known blogger, Rachel Macy Stafford, reveals nine habits that help you focus on investing in the most significant parts of your life. As your hands, heart, and eyes become open, you will experience a new sense of urgency—an urgency to live, love, dream, connect, create, forgive, and flourish despite the distractions of our culture. By following each daily Hands Free Declaration, you will be inspired to adopt mindful daily practices and new thought-processes that will help you:

- Make meaningful, lasting human connections despite the busyness of everyday life.
- Live in the

now despite that inner nudge pushing you out of the moment toward perfection and productivity. • Protect your most sacred relationships, as well as your values, beliefs, health, and happiness, despite the latent dangers of technology and social media. • Pursue the passions of your heart without sacrificing your job or your daily responsibilities. • Evaluate your daily choices to insure you are investing in a life that matters to you. With a Hands Free Life perspective, you will have the power to look back and see you didn't just manage life, you actually lived it—and lived it well.

### **Style Made Simple**

Do you ever feel overwhelmed, instead of overjoyed, by all your possessions? Do you secretly wish a gale force wind would blow the clutter from your home? If so, it's time to simplify your life! *The Joy of Less* is a fun, lighthearted guide to minimalist living.

### **The Other Sister**

Children add joy, purpose, and meaning to our lives. They provide optimism, hope, and love. They bring smiles, laughter, and energy into our homes. They also add clutter. As parents, balancing life and managing clutter may appear impossible—or at the very least, never-ending. But what if there was a better way to live? *Clutterfree with Kids* offers a new perspective and fresh approach to overcoming clutter. With helpful insights, the book serves as a valuable resource for parents. Through practical application and inspirational stories, *Clutterfree with Kids* invites us to change our thinking, discover new habits, and free our homes. It invites us to reevaluate our lives. And it just may inspire you to live the life you've been searching for all along.

### **The Capsule Wardrobe**

The ultimate guide to building confidence in your body, beauty, clothes and life in an era of toxic social media-driven beauty standards. “A self-confidence bible that every woman should read.”—Caroline Dooner, author of *The F\*ck It Diet* Empowering, insightful, and psychology-driven, *Beyond Beautiful* is filled with proven, no-BS strategies for proactive self-care. This stylish and practical handbook takes a deep-dive into all of the factors that make it hard to feel good about yourself, and offers sage answers to tricky questions, like: • Why do I hate the way I look in pictures? • How can I stop feeling like a total slob compared to everyone on social media? • How exactly does this "self-love" thing work? • How do I find the confidence to use less make up, stop shaving, or wear what I want? • Is body positivity really the answer? Illustrated with full-color art, *Beyond Beautiful* is a much-needed breath of fresh air that will help you live your best life, know your worth, and stop wasting any more precious energy and mental space worrying about the way you look. Praise for *Beyond Beautiful* “This compact book delves into every aspect of the body-image problem and sets forth feasible ideas for accepting one’s physical appearance to enhance confidence and joy.”—Library Journal (starred review) “Rees’s emboldening message will surely help any reader struggling with self-confidence.”—Publishers Weekly

### **Making Space, Clutter Free**

Life is weighing us down. Each day we add more possessions, more commitments, more worries, more stress to our lives. Striving for fulfillment, our closets become overstuffed, our calendars overscheduled, and our spirits overwhelmed. Instead of feeling happy, we just feel heavy. Lightly offers help. Whether you want to strip down your life to a backpack or free up some space in your closet, overhaul your schedule or gain back an hour in the evening, Lightly helps you identify what you treasure, while letting what's unnecessary fall away. You will learn to lighten: Your Stuff: advice on how to declutter what's weighing you down Your Spirit: release the worries and emotional baggage that can be just as burdensome as possessions Your Stress: reclaim your time and strive not to get more done, but to have less to do Your Step: reduce your consumption and make the planet as beautiful and clutter-free as your home Without a strict regimen, Lightly puts the power back in your hands to take control of your life.

### **Walter Gropius**

Minimalism is the thing that gets us past the things so we can make room for life's most important things—which actually aren't things at all. At age 30, best friends Joshua Fields Millburn & Ryan Nicodemus walked away from their six-figure corporate careers, jettisoned most of their material possessions, and started focusing on what's truly important. In their debut book, *Joshua & Ryan*, authors of the popular website *The Minimalists*, explore their troubled pasts and descent into depression. Though they had achieved the American Dream, they worked ridiculous hours, wastefully spent money, and lived paycheck to paycheck. Instead of discovering their passions, they pacified themselves with ephemeral indulgences—which only led to more debt, depression, and discontent. After a pair of life-changing events, Joshua & Ryan discovered minimalism, allowing them to eliminate their excess material things so they could focus on life's most important "things": health, relationships, passion, growth, and contribution.

### **Hands Free Life**

Inspired by Paris, this lighthearted and deceptively wise contemporary memoir serves as a guidebook for women on the path to adulthood, sophistication, and style. Jennifer Scott's self-published success is now a beautifully packaged and fully illustrated gift book, perfect for any woman looking to lead a more fulfilling, passionate, and artful life. Paris may be the City of Light, but for many it is also the City of Transformation. When Jennifer Scott arrived in Paris as an exchange student from California, she had little idea she would become an avid fan of French fashion, lifestyle, and sophistication. Used to a casual life back home, in Paris she was hosted by a woman she calls "Madame Chic," mistress of a grand apartment in the Sixteenth Arrondissement. Madame Chic mentors Jennifer in the art of living, with elegance and an impeccably French less-is-more philosophy. Three-course meals prepared by the well-dressed Madame Chic (her neat clothes covered by an apron, of course) lure Jennifer from her usual habit of frequent snacks, junk food, sweatpants, and TV. Additional time spent with "Madame Bohemienne," a charming single mother who passionately embraces Parisian joie de vivre, introduces readers to another facet of behind-closed-doors Parisian life. While Francophiles will appreciate this memoir of a young woman's adventure abroad, others who may not know much about France will thrill to the surprisingly do-able (yet chic!) hair and makeup lessons, plus tips on how to create a capsule wardrobe with just ten useful core pieces. Each chapter of *Lessons from Madame Chic* reveals the valuable secrets Jennifer learned while under Madame Chic's tutelage—tips you can master no matter where you live or the size of your budget. Embracing the classically French aesthetic of quality over quantity, aspiring Parisiennes will learn the art of eating (deprive yourself not; snacking is not chic), fashion (buy the best you can afford), grooming (le no-

makeup look), among other tips. From entertaining to decor, you will gain insights on how to cultivate old-fashioned sophistication while living an active, modern life. Lessons from Madame Chic is the essential handbook for a woman that wants to look good, live well, and enjoy that Parisian je ne sais quoi in her own arrondissement.

### **The Joy of Minimalism**

Love yourself. Love the planet. We are facing an urgent climate crisis and we must all take action now. However, it can be difficult to know where to start when bombarded with overwhelming facts and statistics every day. We all want to make a difference, but what can we do? Minimal makes simple and sustainable living attainable for everyone, using practical tips for all areas of everyday life to reduce your impact on the earth. Leading environmentalist Madeleine Olivia shares her insights on how to care for yourself in a more eco-friendly way, as well as how to introduce a mindful approach to your habits. This includes how to declutter your life, reduce your waste and consumption, recipes for eating seasonally and making your own natural beauty and cleaning products. Learn how to minimise the areas that aren't giving you anything back and discover a happier and more fulfilled life, while looking after the Earth we share.

### **The Power of Knitting**

With her landmark investigation *Overdressed- The Shockingly High Cost of Cheap Fashion*, Elizabeth Cline was the first to reveal fast fashion's hidden toll on garment workers, the environment, and even our own satisfaction with our clothes. *The Conscious Closet* shows exactly what we can do about it. Based on her personal experiences getting off the fast-fashion treadmill and figuring out a common-sense and affordable approach to conscious style, Elizabeth will share how to pare down your closet; swap, resell, or recycle what you don't love; better care for and repair what you do; and how to affordably buy, thrift, or rent the ethical wardrobe of your dreams. Whether your goal is to build an effortless capsule wardrobe, keep up with trends, buy quality, seek out ethical brands, or all of the above, this is the book for you. *The Conscious Closet* is not just a style guide. It is a manifesto and call to action to transform one of the most polluting industries on earth, fashion, into a force for good, on both a micro level- our own closets-and macro level, by learning where and how our clothes are made, and how to connect to a global and impassioned community of stylish fashion revolutionaries for bigger systematic change. Clothing is one of the most personal expressions of who we are, and in *The Conscious Closet*, Elizabeth aims to help readers truly understand and love their clothes again-without sacrificing the environment or their morals in the process.

### **Style Not Fashion**

An ingenious book of simple wardrobe solutions, clever tools, and straightforward advice from a Hollywood costume designer. A costume designer's styling kit is a magical bag of tricks, built to solve every single wardrobe malfunction on earth. TV and film productions wait for nothing, so a costume designer's solutions have to work—and work fast. *How to Get Dressed* is a fun, empowering style guide for women that focuses on making the most of your wardrobe. Costume designer and XOJane fashion columnist Alison Freer provides real-world, no-BS style advice that covers everything a girl could need to

know: from determining if your clothes are fitting properly to how to care for, maintain, and keep your garments organized—plus what to do when the inevitable fashion disaster strikes. Full of hundreds of insider tricks from Freer's endless arsenal of tools and expertise, *How to Get Dressed* teaches you to rethink your wardrobe like a fashion expert—and proves once and for all that you don't need to spend a ton of money to always look your best. You just need to use the tricks the pros do!

### **Simply Living Well**

Clutter impacts on our productivity, stresses us out and keeps us stuck. Why do we let our stuff stand in the way of the lives we dream about?

Decluttering is great for our mental wellbeing, and when done right, it can be good for the planet too. When we rehome, repurpose or recycle the things we no longer need, we free up existing resources for others and reclaim our homes with less guilt.

*Less Stuff* is a guide for people who find it difficult to declutter and who don't want to see things go to waste. Step by step, you'll explore finding your 'enough', learn how to let go of your old possessions without sending them to landfill, and eventually break the cycle of stuff. The end result is a planet with less strain, a home with more peace and a life with more meaning.

### **Project 333**

De-clutter your closet, maximize your fashion choices, and reinvent your own personal style. Cluttered closets create cluttered lives. Too often we are left rummaging around an overflowing wardrobe, ironically at a loss for what to wear. However, owning a capsule wardrobe, which consists of a limited amount of clothing, will—believe it or not—set you free! *The Capsule Wardrobe* introduces thirty wardrobe essentials—tops, bottoms, footwear, and accessories—that will create the ultimate mix-and-match wardrobe for the working woman. Professional stylist Wendy Mak instructs readers on how to use different pieces together to achieve one thousand different unique looks from work to weekend. Learn to:

- Curate and build a true mix-and-match wardrobe
- Create unique everyday looks specific to body type
- Pick the right pieces to stretch your fashion dollar
- Transition from the office to after dark in a flash
- Reduce fashion mistakes and impulse buying
- And more!

With detailed descriptions and illustrations of each of the thirty pieces, plus a list of all one thousand outfits in a handy table, *The Capsule Wardrobe* will revitalize the way you use your closet, make dressing easy and worry-free, and help you reinvent your personal style.

### **1000+ Little Things Happy Successful People Do Differently**

*Style NOT Fashion* explains how to discover your personal style. Why most women only wear 20% of their clothes 80% of the time and how to avoid that trap. This little book is stocked with valuable tips including: how to buy designer clothing for a pittance on eBay, what colours suit you and which to avoid,

to how to build a working capsule wardrobe, what to spend the big money on, and how to look rich when you are not there, yet. And most importantly why it is not always stylish to wear the latest trends. Style NOT Fashion also covers the most important thing you wear everyday; your face and hair. After reading this book you will not want to buy fast fashion for a quick fix any more. You will want to build a wardrobe that works for you, makes you look fabulous and will make getting dressed a breeze. Read this book before you go shopping to avoid costly mistakes.

### **Project 333**

Only Love Today is the inspirational read from best-selling author of Hands Free Mama, Rachel Macy Stafford. Millions of Stafford's fans from her blog and her books find hope, challenge, and inspiration through her poetic and powerful short pieces on her blog. Only Love Today brings these pieces and many new, original entries together in a beautiful book based around the four seasons. From finding daily surrender in the autumn and daily hope in the winter, to daily bloom and daily spark in the spring and summer, you will always find fresh beautiful words for your day. With a flexible, non-dated structure, Only Love Today is perfect to pick up at any time of the year and find hope and encouragement to address your current challenge or need – family, parenting, relationships, finding peace in a stressed out world. Stafford offers you strength and vision for a new and more connected way to live. This is a timeless book of inspiration to remember and live for what really matters.

### **Less Stuff**

Documents Cait's life from July 2014 to June 2015, during which time she challenged herself not to shop and bought only consumables: groceries, toiletries, gas for her car. Along the way, she found the less she consumed, the more fulfilled she felt.

### **Mindful Simplicity**

A 2017 Mary Higgins Clark Award Nominee One sister has everything. Her twin hates her for it. Would life be better without Ali? Probably. At least then people might think about Morgan. Ali's always gotten everything — she doesn't even realize how much Morgan resents her. Ali also doesn't realize that when she shuts Morgan out entirely, she will unleash a chain of events that show just how dangerous the underside of love really is. As their lives spin toward something neither one of them can control, a terrifying crime reveals how those who know us best can destroy us or save us. Praise for *The Other Sister*: "Through acute imagery and with beautifully deep insight, Dixon unveils the complex rawness of human beings and demonstrates how even the ugliest incidents and secrets can still lead to joy."—Booklist "a thought-provoking novel. Dianne Dixon knows how to keep readers coming back."—RT Book Review

### **Soulful Simplicity**

Wear just 33 items for 3 months and get back all the JOY you were missing while you were worrying what to wear. In Project 333, minimalist expert and

author of *Soulful Simplicity* Courtney Carver takes a new approach to living simply--starting with your wardrobe. Project 333 promises that not only can you survive with just 33 items in your closet for 3 months, but you'll thrive just like the thousands of woman who have taken on the challenge and never looked back. Let the de-cluttering begin! Ever ask yourself how many of the items in your closet you actually wear? In search of a way to pare down on her expensive shopping habit, consistent lack of satisfaction with her purchases, and ever-growing closet, Carver created Project 333. In this book, she guides readers through their closets item-by-item, sifting through all the emotional baggage associated with those oh-so strappy high-heel sandals that cost a fortune but destroy your feet every time you walk more than a few steps to that extensive collection of never-worn little black dresses, to locate the items that actually look and feel like you. As Carver reveals in this book, once we finally release ourselves from the cyclical nature of consumerism and focus less on our shoes and more on our self-care, we not only look great we feel great-- and we can see a clear path to make other important changes in our lives that reach far beyond our closets. With tips, solutions, and a closet-full of inspiration, this life-changing minimalist manual shows readers that we are so much more than what we wear, and that who we are and what we have is so much more than enough.

### **Hands Free Mama**

Courtney Carver shows us the power of simplicity to improve our health, build more meaningful relationships, and relieve stress in our professional and personal lives. We are often on a quest for more—we give in to pressure every day to work more, own more, and do more. For Carver, this constant striving had to come to a stop when she was diagnosed with Multiple Sclerosis (MS). Stress was like gasoline on the fire of symptoms, and it became clear that she needed to root out the physical and psychological clutter that were the source of her debt and discontent. In this book, she shows us how to pursue practical minimalism so we can create more with less—more space, more time, and even more love. Carver invites us to look at the big picture, discover what's most important to us, and reclaim lightness and ease by getting rid of all the excess things.

### **The Curated Closet**

With echoes of Toni Morrison's *Beloved*, Yejidé's novel explores a forgotten quadrant of Washington, DC, and the ghosts that haunt it. "In this beautifully written and gloriously conceived novel, Morowa Yejidé reveals her mastery yet again. This book is both contemporary and ancient, frightening and stirring, playful and wise, an unforgettable blurring of reality and genres from its haunted Plymouth automobile to the mysteries in the fog in this alternate America and hidden Washington, DC. With its lyricism and bold imagination, *Creatures of Passage* is unlike anything you've ever read." --Tananarive Due, author of *Ghost Summer: Stories* "Comparisons will be made to Toni Morrison and they will be well-founded, but Morowa Yejidé is in a class of her own with *Creatures of Passage*, a mesmerizing tale about love, loss, revenge, death, and restoration that hovers close to the edge of fantasy yet is deeply grounded in history and in a reality easily recognizable in the contemporary world." --Elizabeth Nunez, author of *Even in Paradise* "Although set in our recent past, *Creatures of Passage* is at heart a powerful ghost story about people haunted by the shadows of time and the shadows of blood. In the pages of this novel we discover a world that is fully recognizable, as concrete and real as Toni Morrison's *Ohio*, but also as fantastic and mythical as Gabriel García Márquez's *Macondo*. That said, make no mistake: Morowa Yejidé is a masterful storyteller in her own right, able to spin and sustain an inventive tale illuminated by a singular truth, that death is 'another form of living.'" --Jeffery Renard Allen, author of *Song of the Shank* Nephthys Kinwell is a taxi driver of sorts in

Washington, DC, ferrying passengers in a 1967 Plymouth Belvedere with a ghost in the trunk. Endless rides and alcohol help her manage her grief over the death of her twin brother, Osiris, who was murdered and dumped in the Anacostia River. Unknown to Nephthys when the novel opens in 1977, her estranged great-nephew, ten-year-old Dash, is finding himself drawn to the banks of that very same river. It is there that Dash--reeling from having witnessed an act of molestation at his school, but still questioning what and who he saw--has charmed conversations with a mysterious figure he calls the "River Man." When Dash arrives unexpectedly at Nephthys's door bearing a cryptic note about his unusual conversations with the River Man, Nephthys must face what frightens her most. Morowa Yejidé's deeply captivating novel shows us an unseen Washington filled with otherworldly landscapes, flawed super-humans, and reluctant ghosts, and brings together a community intent on saving one young boy in order to reclaim itself.

### **Classic Style**

"Simplifying your life is easier said than done. But, with a little guidance, you've got this! Mindful Simplicity delivers simple, mindfulness-based strategies to declutter and organize every facet of your life?at home, at work, in relationships, with money, and more."--Amazon.

### **The Social Organism**

Easy recipes, DIY projects, and other ideas for living a beautiful and low-waste life, from the expert behind @simply.living.well on Instagram.

### **The Conscious Closet**

New York Times-bestselling authors Marc and Angel Chernoff deliver instant inspiration and powerful advice for becoming our best selves. Millions of readers turn to Marc and Angel Chernoff for fresh, intimate insights for a fulfilled life. In this pithy and empowering guide, they collect the very best advice they've discovered, on topics that include overcoming setbacks, letting go of what's holding us back, nurturing relationships, finding time for self-care, and cultivating passion in order to achieve our wildest dreams. Topics include: \* 10 Mistakes Unhappy People Make \* 28 Ways to Stop Complicating Your Life \* 12 Tough Truths That Help You Grow \* 12 Amazingly Achievable Things to Do Today \* 10 Timeless Lessons for a Life Well-Lived A perfect gift for a loved one or ourselves, this deceptively simple book is a touchstone to return to for a boost of motivation and inspiration.

### **Minimal**

Presents a strategic approach to identifying, refining, and expressing personal style and building the ideal wardrobe to match it, with every day style and shopping strategies.

### **The Truth About Style**

Beautifully designed and gorgeously illustrated, this immersive, puzzle-like exploration of the history and psychology of mazes and labyrinths evokes the spirit of Choose Your Own Adventure, the textual inventiveness of Tom Stoppard, and the philosophical spirit of Jorge Luis Borges. Labyrinths are as old as humanity, the proving grounds of heroes, the paths of pilgrims, symbols of spiritual rebirth and pleasure gardens for pure entertainment. Henry Eliot leads us on a twisting journey through the world of mazes, real and imagined, unraveling our ancient, abiding relationship with them and exploring why they continue to fascinate us, from Kafka to Kubrick to the myth of the Minotaur and a quest to solve the disappearance of the legendary Maze King. Are you ready to step inside?

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