

Fast Girl A Life Spent Running From Madness

SpentGirl, InterruptedFast WomenThinking, Fast and SlowMy Year of Rest and RelaxationThe Third Rainbow GirlPerfect ChaosNickel and DimeFast GirlsLife UndercoverFever 1793Every Last WordThe LatehomecomerConfessions of a SociopathFast GirlKilbride HouseDuel in the SunMy Year with EleanorHungry Girl Fast & EasyEvermoreHow Will You Measure Your Life? (Harvard Business Review Classics)The WhipElectroboyThe City of EmberBrain On Fire: My Month of MadnessThe GirlsMortician DiariesThe War that Saved My LifeFahrenheit 451Self-Made ManManicThe Immortal Life of Henrietta LacksSuch a Fun AgeSummary of Fast GirlIn Pursuit of LoveThe Promise of AdolescenceBrown Girl DreamingThe Girl with the Louding VoiceiGenFast Girl

Spent

The 1982 Boston Marathon was great theater: Two American runners, Alberto Salazar, a celebrated champion, and Dick Beardsley, a gutsy underdog, going at each other for just under 2 hours and 9 minutes. Neither man broke. The race merely came to a thrilling, shattering end, exacting such an enormous toll that neither man ever ran as well again. Beardsley, the most innocent of men,

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descended into felony drug addiction, and Salazar, the toughest of men, fell prey to depression. Exquisitely written and rich with human drama, John Brant's *Duel in the Sun* brilliantly captures the mythic character of the most thrilling American marathon ever run—and the powerful forces of fate that drove these two athletes in the years afterward.

Girl, Interrupted

Jacqueline Woodson's National Book Award and Newbery Honor winner, now available in paperback with 7 all-new poems. Jacqueline Woodson is the 2018–2019 National Ambassador for Young People's Literature A President Obama "O" Book Club pick Raised in South Carolina and New York, Woodson always felt halfway home in each place. In vivid poems, she shares what it was like to grow up as an African American in the 1960s and 1970s, living with the remnants of Jim Crow and her growing awareness of the Civil Rights movement. Touching and powerful, each poem is both accessible and emotionally charged, each line a glimpse into a child's soul as she searches for her place in the world. Woodson's eloquent poetry also reflects the joy of finding her voice through writing stories, despite the fact that she struggled with reading as a child. Her love of stories inspired her and stayed with her, creating

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the first sparks of the gifted writer she was to become. Includes 7 new poems, including "Brown Girl Dreaming". Praise for Jacqueline Woodson: A 2016 National Book Award finalist for her adult novel, ANOTHER BROOKLYN "Ms. Woodson writes with a sure understanding of the thoughts of young people, offering a poetic, eloquent narrative that is not simply a story . . . but a mature exploration of grown-up issues and self-discovery."--The New York Times Book Review

Fast Women

AN INSTANT NEW YORK TIMES BESTSELLER A READ WITH JENNA TODAY SHOW BOOK CLUB PICK! "Brave, fresh . . . unforgettable."--The New York Times Book Review "A celebration of girls who dare to dream."--Imbolo Mbue, author of Behold the Dreamers (Oprah's Book Club pick) Shortlisted for the Desmond Elliott Prize and recommended by The New York Times, Marie Claire, Vogue, Essence, PopSugar, Daily Mail, Electric Literature, Red, Stylist, Daily Kos, Library Journal, The Everygirl, and Read It Forward! The unforgettable, inspiring story of a teenage girl growing up in a rural Nigerian village who longs to get an education so that she can find her "louding voice" and speak up for herself, The Girl with the Louding Voice is a simultaneously heartbreaking and triumphant tale about the power of fighting for your dreams. Despite

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the seemingly insurmountable obstacles in her path, Adunni never loses sight of her goal of escaping the life of poverty she was born into so that she can build the future she chooses for herself - and help other girls like her do the same. Her spirited determination to find joy and hope in even the most difficult circumstances imaginable will "break your heart and then put it back together again" (Jenna Bush Hager on The Today Show) even as Adunni shows us how one courageous young girl can inspire us all to reach for our dreams and maybe even change the world.

Thinking, Fast and Slow

NEW YORK TIMES BESTSELLER The former middle distance Olympic runner and high-end escort speaks out for the first time about her battle with mental illness, and how mania controlled and compelled her in competition, but also in life. This is a heartbreakingly honest yet hopeful memoir reminiscent of *Manic*, *Electroboy*, and *An Unquiet Mind*. During the 1990s, three-time Olympian Suzy Favor Hamilton was the darling of American track and field. An outstanding runner, a major sports apparel spokesperson, and a happily married wife, she was the model for an active, healthy, and wholesome life. But her perfect facade masked a dark truth: manic depression and bipolar disorder that drove

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her obsession to perform and win. For years after leaving the track, Suzy wrestled with her condition, as well as the loss of a close friend, conflicted feelings about motherhood and her marriage, and lingering shame about her athletic career. After a misdiagnosis and a recommendation for medication that only exacerbated her mania and made her hypersexual, Suzy embarked on a new path, and assumed a new identity. Fueled by a newfound confidence, a feeling of strength and independence and a desire she couldn't tamp down, she became a high-priced escort in Las Vegas, working as "Kelly." But Suzy could not keep her double life a secret forever. When it was eventually exposed, it sent her into a reckless suicidal period where the only option seemed out. Finally, with the help of her devoted husband, Suzy finally got the proper medical help she needed. In this startling frank memoir, she recounts the journey to outrun her demons, revealing how a woman used to physically controlling her body learned to come to terms with her unstable mind. It is the story of a how a supreme competitor scored her most important victory of all—reclaiming her life from the ravages of an untreated mental illness. Today, thanks to diagnosis, therapy, Kelly has stepped into the shadows, but Suzy is building a better life, one day at a time. Sharing her story, Suzy is determined to raise awareness, provide understanding, and offer inspiration to others coping with their own challenges.

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My Year of Rest and Relaxation

A modern-day classic. This highly acclaimed adventure series about two friends desperate to save their doomed city has captivated kids and teachers alike for almost fifteen years and has sold over 3.5 MILLION copies! The city of Ember was built as a last refuge for the human race. Two hundred years later, the great lamps that light the city are beginning to flicker. When Lina finds part of an ancient message, she's sure it holds a secret that will save the city. She and her friend Doon must race to figure out the clues before the lights go out on Ember forever! Nominated to 28 State Award Lists! An American Library Association Notable Children's Book A New York Public Library 100 Titles for Reading and Sharing Selection A Kirkus Reviews Editors' Choice A Child Magazine Best Children's Book A Mark Twain Award Winner A William Allen White Children's Book Award Winner "A realistic post-apocalyptic world. DuPrau's book leaves Doon and Lina on the verge of undiscovered country and readers wanting more." -USA Today "An electric debut." -Publishers Weekly, Starred "While Ember is colorless and dark, the book itself is rich with description." -VOYA, Starred "A harrowing journey into the unknown, and cryptic messages for readers to decipher." -Kirkus Reviews, Starred

The Third Rainbow Girl

Major New York Times bestseller Winner of the National Academy of Sciences Best Book Award in 2012 Selected by the New York Times Book Review as one of the ten best books of 2011 A Globe and Mail Best Books of the Year 2011 Title One of The Economist's 2011 Books of the Year One of The Wall Street Journal's Best Nonfiction Books of the Year 2011 2013 Presidential Medal of Freedom Recipient Kahneman's work with Amos Tversky is the subject of Michael Lewis's The Undoing Project: A Friendship That Changed Our Minds In the international bestseller, Thinking, Fast and Slow, Daniel Kahneman, the renowned psychologist and winner of the Nobel Prize in Economics, takes us on a groundbreaking tour of the mind and explains the two systems that drive the way we think. System 1 is fast, intuitive, and emotional; System 2 is slower, more deliberative, and more logical. The impact of overconfidence on corporate strategies, the difficulties of predicting what will make us happy in the future, the profound effect of cognitive biases on everything from playing the stock market to planning our next vacation—each of these can be understood only by knowing how the two systems shape our judgments and decisions. Engaging the reader in a lively conversation about how we think, Kahneman reveals where we can and cannot trust our intuitions and how

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we can tap into the benefits of slow thinking. He offers practical and enlightening insights into how choices are made in both our business and our personal lives—and how we can use different techniques to guard against the mental glitches that often get us into trouble. Winner of the National Academy of Sciences Best Book Award and the Los Angeles Times Book Prize and selected by The New York Times Book Review as one of the ten best books of 2011, *Thinking, Fast and Slow* is destined to be a classic.

Perfect Chaos

From one of our boldest, most celebrated new literary voices, a novel about a young woman's efforts to duck the ills of the world by embarking on an extended hibernation with the help of one of the worst psychiatrists in the annals of literature and the battery of medicines she prescribes. Our narrator should be happy, shouldn't she? She's young, thin, pretty, a recent Columbia graduate, works an easy job at a hip art gallery, lives in an apartment on the Upper East Side of Manhattan paid for, like the rest of her needs, by her inheritance. But there is a dark and vacuous hole in her heart, and it isn't just the loss of her parents, or the way her Wall Street boyfriend treats her, or her sadomasochistic relationship with her best friend, Reva. It's the year 2000 in a city aglitter with wealth

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and possibility; what could be so terribly wrong? My Year of Rest and Relaxation is a powerful answer to that question. Through the story of a year spent under the influence of a truly mad combination of drugs designed to heal our heroine from her alienation from this world, Moshfegh shows us how reasonable, even necessary, alienation can be. Both tender and blackly funny, merciless and compassionate, it is a showcase for the gifts of one of our major writers working at the height of her powers.

Nickel and Dimed

It's late summer 1793, and the streets of Philadelphia are abuzz with mosquitoes and rumors of fever. Down near the docks, many have taken ill, and the fatalities are mounting. Now they include Polly, the serving girl at the Cook Coffeehouse. But fourteen-year-old Mattie Cook doesn't get a moment to mourn the passing of her childhood playmate. New customers have overrun her family's coffee shop, located far from the mosquito-infested river, and Mattie's concerns of fever are all but overshadowed by dreams of growing her family's small business into a thriving enterprise. But when the fever begins to strike closer to home, Mattie's struggle to build a new life must give way to a new fight—the fight to stay alive.

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Fast Girls

THE INSTANT BESTSELLER • An indelible portrait of girls, the women they become, and that moment in life when everything can go horribly wrong NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Washington Post • NPR • The Guardian • Entertainment Weekly • San Francisco Chronicle • Financial Times • Esquire • Newsweek • Vogue • Glamour • People • The Huffington Post • Elle • Harper's Bazaar • Time Out • BookPage • Publishers Weekly • Slate Northern California, during the violent end of the 1960s. At the start of summer, a lonely and thoughtful teenager, Evie Boyd, sees a group of girls in the park, and is immediately caught by their freedom, their careless dress, their dangerous aura of abandon. Soon, Evie is in thrall to Suzanne, a mesmerizing older girl, and is drawn into the circle of a soon-to-be infamous cult and the man who is its charismatic leader. Hidden in the hills, their sprawling ranch is eerie and run down, but to Evie, it is exotic, thrilling, charged—a place where she feels desperate to be accepted. As she spends more time away from her mother and the rhythms of her daily life, and as her obsession with Suzanne intensifies, Evie does not realize she is coming closer and closer to unthinkable violence. Finalist for the Los Angeles Times Book Prize • Finalist for the National Book Critics Circle John Leonard

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Award • Shortlisted for The Center for Fiction First Novel Prize • The New York Times Book Review Editors' Choice • Emma Cline—One of Granta's Best of Young American Novelists Praise for The Girls "Spellbinding . . . a seductive and arresting coming-of-age story."—The New York Times Book Review "Extraordinary . . . Debut novels like this are rare, indeed."—The Washington Post "Hypnotic."—The Wall Street Journal "Gorgeous."—Los Angeles Times "Savage."—The Guardian "Astonishing."—The Boston Globe "Superbly written."—James Wood, The New Yorker "Intensely consuming."—Richard Ford "A spectacular achievement."—Lucy Atkins, The Times "Thrilling."—Jennifer Egan "Compelling and startling."—The Economist

Life Undercover

Don't miss Evermore, the first book in Alyson Noël's #1 New York Times bestselling The Immortals series. Enter an enchanting new world where true love never dies. . . After a horrible accident claimed the lives of her family, sixteen-year-old Ever Bloom can see people's auras, hear their thoughts, and know someone's entire life story by touching them. Going out of her way to avoid human contact and suppress her abilities, she has been branded a freak at her new high school—but everything changes when she meets Damen Auguste. Damen is gorgeous, exotic and

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wealthy. He's the only one who can silence the noise and random energy in her head—wielding a magic so intense, it's as though he can peer straight into her soul. As Ever is drawn deeper into his enticing world of secrets and mystery, she's left with more questions than answers. And she has no idea just who he really is—or what he is. The only thing she knows to be true is that she's falling deeply and helplessly in love with him.

Fever 1793

After 50 years in the funeral business, 80-year-old grandmother-undertaker June Knights Nadle has seen it all — at least all of what goes on before, during, and after life's ultimate challenge. In *Mortician Diaries*, she combines equal doses of charm, humanity, humor, and reality to tell it like it is on this taboo subject. A kind of *Prairie Home Companion* set in a mortuary, the book features memorable stories of regret — “I wish I had kissed him on the morning he had the accident” — and renewal, as the lesson of facing life's last great event is learned, or not. Some of the accounts here are funny, some sad. Some are haunting in their strangeness as they reveal the many ways in which people cope. Along the way, the reader is drawn into Nadle's own life story as an unconventional woman who devoted

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herself to the dead and to those they left behind.

Every Last Word

The Whip is inspired by the true story of a woman, Charlotte "Charley" Parkhurst (1812-1879) who lived most of her extraordinary life as a man. As a young woman in Rhode Island, she fell in love and had a child. Her husband was lynched and her baby killed. The destruction of her family drove her west to California, dressed as a man, to track down the murder. Charley became a renowned stagecoach driver. She killed a famous outlaw, had a secret love affair, and lived with a housekeeper who, unaware of her true sex, fell in love with her. Charley was the first woman to vote in America (as a man). Her grave lies in Watsonville, California.

The Latehomecomer

A New York Times Best Seller If you could read my mind, you wouldn't be smiling. Samantha McAllister looks just like the rest of the popular girls in her junior class. But hidden beneath the straightened hair and expertly applied makeup is a secret that her friends would never understand: Sam has Purely-Obsessional OCD and is consumed by a stream of dark thoughts and worries that she

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can't turn off. Second-guessing every move, thought, and word makes daily life a struggle, and it doesn't help that her lifelong friends will turn toxic at the first sign of a wrong outfit, wrong lunch, or wrong crush. Yet Sam knows she'd be truly crazy to leave the protection of the most popular girls in school. So when Sam meets Caroline, she has to keep her new friend with a refreshing sense of humor and no style a secret, right up there with Sam's weekly visits to her psychiatrist. Caroline introduces Sam to Poet's Corner, a hidden room and a tight-knit group of misfits who have been ignored by the school at large. Sam is drawn to them immediately, especially a guitar-playing guy with a talent for verse, and starts to discover a whole new side of herself. Slowly, she begins to feel more "normal" than she ever has as part of the popular crowd . . . until she finds a new reason to question her sanity and all she holds dear. "Clueless meets Dead Poets Society with a whopping final twist." -Kirkus Reviews "This book is highly recommended- readers will connect with Sam, relating to her anxiety about her peers, and root for her throughout the book." -VOYA "A thoughtful romance with a strong message about self-acceptance, [this] sensitive novel boasts strong characterizations and conflicts that many teens will relate to. Eminently readable." -Booklist "A brilliant and moving story about finding your voice, the power of

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words, and true friendship. I couldn't put it down?" -Elizabeth Eulberg, Author of The Lonely Hearts Club "Brilliant, brave, and beautiful." -Kathleen Caldwell, A Great Good Place for Books "A riveting story of love, true friendship, self-doubt and self-confidence, overcoming obstacles, and truly finding oneself." -Melanie Koss, Professor of Young Adult Literature, Northern Illinois University "Romantic, unpredictable, relatable, and so very enjoyable." -Arnold Shapiro, Oscar- and Emmy-winning Producer "Characters to love and a story to break your heart. Readers will want to turn page after page and read every last word. Then do it all over again." -Marianne Follis, Teen Librarian, Valley Ranch (Irving) Public Library

Confessions of a Sociopath

In the spring of 2010, Harvard Business School's graduating class asked HBS professor Clay Christensen to address them—but not on how to apply his principles and thinking to their post-HBS careers. The students wanted to know how to apply his wisdom to their personal lives. He shared with them a set of guidelines that have helped him find meaning in his own life, which led to this now-classic article. Although Christensen's thinking is rooted in his deep religious faith, these are strategies anyone can use.

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Since 1922, Harvard Business Review has been a leading source of breakthrough ideas in management practice. The Harvard Business Review Classics series now offers you the opportunity to make these seminal pieces a part of your permanent management library. Each highly readable volume contains a groundbreaking idea that continues to shape best practices and inspire countless managers around the world.

Fast Girl

INSTANT NEW YORK TIMES BESTSELLER "Fast and thrilling . . . Life Undercover reads as if a John le Carré character landed in Eat Pray Love." —The New York Times Amaryllis Fox's riveting memoir tells the story of her ten years in the most elite clandestine ops unit of the CIA, hunting the world's most dangerous terrorists in sixteen countries while marrying and giving birth to a daughter Amaryllis Fox was in her last year as an undergraduate at Oxford studying theology and international law when her writing mentor Daniel Pearl was captured and beheaded. Galvanized by this brutality, Fox applied to a master's program in conflict and terrorism at Georgetown's School of Foreign Service, where she created an algorithm that predicted, with uncanny certainty, the likelihood of a terrorist cell arising in any village around the world. At twenty-one, she

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was recruited by the CIA. Her first assignment was reading and analyzing hundreds of classified cables a day from foreign governments and synthesizing them into daily briefs for the president. Her next assignment was at the Iraq desk in the Counterterrorism center. At twenty-two, she was fast-tracked into advanced operations training, sent from Langley to "the Farm," where she lived for six months in a simulated world learning how to use a Glock, how to get out of flexicuffs while locked in the trunk of a car, how to withstand torture, and the best ways to commit suicide in case of captivity. At the end of this training she was deployed as a spy under non-official cover--the most difficult and coveted job in the field as an art dealer specializing in tribal and indigenous art and sent to infiltrate terrorist networks in remote areas of the Middle East and Asia. Life Undercover is exhilarating, intimate, fiercely intelligent--an impossible to put down record of an extraordinary life, and of Amaryllis Fox's astonishing courage and passion.

Kilbride House

#1 New York Times Bestseller Newbery Honor Book Winner of the Schneider Family Book Award (Middle School) Wall Street Journal Best Children's Books of 2015 New York Public Library's 100 Books for Reading and Sharing

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An exceptionally moving story of triumph against all odds set during World War II, from the acclaimed author of *Jefferson's Sons* and for fans of *Number the Stars*. Ten-year-old Ada has never left her one-room apartment. Her mother is too humiliated by Ada's twisted foot to let her outside. So when her little brother Jamie is shipped out of London to escape the war, Ada doesn't waste a minute—she sneaks out to join him. So begins a new adventure for Ada, and for Susan Smith, the woman who is forced to take the two kids in. As Ada teaches herself to ride a pony, learns to read, and watches for German spies, she begins to trust Susan—and Susan begins to love Ada and Jamie. But in the end, will their bond be enough to hold them together through wartime? Or will Ada and her brother fall back into the cruel hands of their mother? This masterful work of historical fiction is equal parts adventure and a moving tale of family and identity—a classic in the making.

Duel in the Sun

Now an HBO® Film starring Oprah Winfrey and Rose Byrne #1 NEW YORK TIMES BESTSELLER Her name was Henrietta Lacks, but scientists know her as HeLa. She was a poor black tobacco farmer whose cells—taken without her knowledge in 1951—became one of the most important tools in medicine, vital for

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developing the polio vaccine, cloning, gene mapping, and more. Henrietta's cells have been bought and sold by the billions, yet she remains virtually unknown, and her family can't afford health insurance. This phenomenal New York Times bestseller tells a riveting story of the collision between ethics, race, and medicine; of scientific discovery and faith healing; and of a daughter consumed with questions about the mother she never knew.

My Year with Eleanor

Warning This is an independent addition to Fast Girl, meant to enhance your experience of the original book. If you have not yet bought the original copy, make sure to purchase it before buying this unofficial summary from aBookaDay. INTRODUCTION GENERAL SUMMARY Fast Girl: A Life Spent Running from Madness is a non-fiction telling of Olympic runner Suzy Favor Hamilton's struggle with bipolar disorder. In an effort to share her story, this book details nearly thirty years of experiences—ups, downs, and everything in between—of a woman who lived her life pulling through anxiety, depression, mania, and the negligent social stigma of mental illness in the 1980's. SETTING This story takes place in several different locations, the central ones being Madison, Wisconsin and Las Vegas, Nevada. These two cities tell polar tales—one

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of a wholesome, loving life of an Olympic runner and mother, and another of a high-risk, adventurous escort fulfilling her fantasies. Available on PC, Mac, smart phone, tablet or Kindle device. (c) 2015 All Rights Reserved

Hungry Girl Fast & Easy

Adolescenceâ€"beginning with the onset of puberty and ending in the mid-20sâ€"is a critical period of development during which key areas of the brain mature and develop. These changes in brain structure, function, and connectivity mark adolescence as a period of opportunity to discover new vistas, to form relationships with peers and adults, and to explore one's developing identity. It is also a period of resilience that can ameliorate childhood setbacks and set the stage for a thriving trajectory over the life course. Because adolescents comprise nearly one-fourth of the entire U.S. population, the nation needs policies and practices that will better leverage these developmental opportunities to harness the promise of adolescenceâ€"rather than focusing myopically on containing its risks. This report examines the neurobiological and socio-behavioral science of adolescent development and outlines how this knowledge can be applied, both to promote adolescent well-being, resilience, and development, and to rectify

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structural barriers and inequalities in opportunity, enabling all adolescents to flourish.

Evermore

The next cookbook from the #1 New York Times bestselling author behind the Hungry Girl brand! Lisa Lillien is back with her fastest and easiest recipes ever -- each one is ready in 30 minutes or less! With full-color photos of every recipe, Hungry Girl Fast & Easy consists of quick and simple meals & snacks made with everyday ingredients. Get ready for * sheet-pan recipes * one-pot recipes * stir-frys & skillet meals * salads & slaws * 10-minute power bowls * 5-minute smoothies * 2-ingredient cake mugs and so much more! And like all Hungry Girl recipes, the calories counts are small and the portions are large! Hungry Girl Fast & Easy is packed with delicious recipes that you'll make again and again.

How Will You Measure Your Life? (Harvard Business Review Classics)

The Johnsons were a close and loving family living in the Seattle area - two parents, two incomes, two bright and accomplished daughters. They led busy lives filled with music lessons, college preparation, career demands, and laughter around the dinner

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table. Then the younger daughter, Linea, started experiencing crippling bouts of suicidal depression. Multiple trips to the psych ward resulted in a diagnosis of bipolar disorder, and it took many trial runs of drugs and ultimately electroshock therapy to bring Linea back. But her family never gave up on her. And Linea never stopped trying to find her way back to them. Perfect Chaos is the story of a mother and daughter's journey through mental illness towards hope. From initial worrying symptoms to long sleepless nights to cross-country flights and the slow understanding and rebuilding of trust, Perfect Chaos tells Linea and Cinda's harrowing and inspiring story, of an illness that they conquer together every day. It is the story of a daughter's courage, a mother's faith, and the love that carried them through the darkest times.

The Whip

In 1967, after a session with a psychiatrist she'd never seen before, eighteen-year-old Susanna Kaysen was put in a taxi and sent to McLean Hospital. She spent most of the next two years in the ward for teenage girls in a psychiatric hospital as renowned for its famous clientele—Sylvia Plath, Robert Lowell, James Taylor, and Ray Charles—as for its progressive methods of treating those who could afford its sanctuary. Kaysen's memoir

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encompasses horror and razor-edged perception while providing vivid portraits of her fellow patients and their keepers. It is a brilliant evocation of a "parallel universe" set within the kaleidoscopically shifting landscape of the late sixties. *Girl, Interrupted* is a clear-sighted, unflinching document that gives lasting and specific dimension to our definitions of sane and insane, mental illness and recovery.

Electroboy

'My first serious blackout marked the line between sanity and insanity. Though I would have moments of lucidity over the coming days and weeks, I would never again be the same person ' Susannah Cahalan was a happy, clever, healthy twenty-four-year old. Then one day she woke up in hospital, with no memory of what had happened or how she had got there. Within weeks, she would be transformed into someone unrecognizable, descending into a state of acute psychosis, undergoing rages and convulsions, hallucinating that her father had murdered his wife; that she could control time with her mind. Everything she had taken for granted about her life, and who she was, was wiped out. *Brain on Fire* is Susannah's story of her terrifying descent into madness and the desperate hunt for a diagnosis, as, after dozens of tests and scans, baffled doctors

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concluded she should be confined in a psychiatric ward. It is also the story of how one brilliant man, Syria-born Dr Najar, finally proved - using a simple pen and paper - that Susannah's psychotic behaviour was caused by a rare autoimmune disease attacking her brain. His diagnosis of this little-known condition, thought to have been the real cause of devil-possession through history, saved her life, and possibly the lives of many others. Cahalan takes readers inside this newly-discovered disease through the progress of her own harrowing journey, piecing it together using memories, journals, hospital videos and records. Written with passionate honesty and intelligence, *Brain on Fire* is a searingly personal yet universal book, which asks what happens when your identity is suddenly destroyed, and how you get it back. 'With eagle-eye precision and brutal honesty, Susannah Cahalan turns her journalistic gaze on herself as she bravely looks back on one of the most harrowing and unimaginable experiences one could ever face: the loss of mind, body and self. *Brain on Fire* is a mesmerizing story' -Mira Bartók, New York Times bestselling author of *The Memory Palace* Susannah Cahalan is a reporter on the New York Post, and the recipient of the 2010 Silurian Award of Excellence in Journalism for Feature Writing. Her writing has also appeared in the New York Times, and is frequently picked up by the Daily Mail, Gawker, Gothamist, AOL and Yahoo among other

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news aggregator sites.

The City of Ember

Through her own gripping story of escape from human trafficking, Rebecca Bender teaches us what trafficking in America looks like - and what we can do about it - as she reveals the light of God in even the darkest places. In Pursuit of Love is a riveting read that will give you the confidence to pursue your own purpose and take you on a journey to places you never thought possible. Born and raised in a small Oregon town, all-American girl Rebecca Bender was a varsity athlete and honor roll student with a promising future. Then a predator pretending to be her boyfriend lured her into a web of lies that sent her down a path she never imagined possible. For nearly six years, Rebecca was sold across the underground world of sex trafficking in Las Vegas. She was branded, beaten, told when to sleep and what to wear, and traded between traffickers. Forced into a dark sisterhood, Rebecca formed bonds with her trafficker and three other women, creating a false sense of family. During that time, God began revealing himself to her. And in the midst of her exploitation, she found the hope she needed to survive. After a federal raid, Rebecca escaped. Her life was forever changed as she felt the embrace of her heavenly Father guiding her to healing

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and wholeness. Rebecca soon began to use her own experiences to change the lives of others as she went back into the darkest places she had known - assisting FBI, VICE, and law enforcement across the country in some of their most difficult cases. Through Rebecca's incredible story of redemption, we remember that our past does not have to determine our destiny.

Brain On Fire: My Month of Madness

In search of a place to call home, thousands of Hmong families made the journey from the war-torn jungles of Laos to the overcrowded refugee camps of Thailand and onward to America. But lacking a written language of their own, the Hmong experience has been primarily recorded by others. Driven to tell her family's story after her grandmother's death, *The Latehomecomer* is Kao Kalia Yang's tribute to the remarkable woman whose spirit held them all together. It is also an eloquent, firsthand account of a people who have worked hard to make their voices heard. Beginning in the 1970s, as the Hmong were being massacred for their collaboration with the United States during the Vietnam War, Yang recounts the harrowing story of her family's captivity, the daring rescue undertaken by her father and uncles, and their narrow escape into Thailand where Yang was born in the Ban Vinai Refugee Camp. When

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she was six years old, Yang's family immigrated to America, and she evocatively captures the challenges of adapting to a new place and a new language. Through her words, the dreams, wisdom, and traditions passed down from her grandmother and shared by an entire community have finally found a voice. Together with her sister, Kao Kalia Yang is the founder of a company dedicated to helping immigrants with writing, translating, and business services. A graduate of Carleton College and Columbia University, Yang has recently screened *The Place Where We Were Born*, a film documenting the experiences of Hmong American refugees. Visit her website at www.kaokaliayang.com.

The Girls

A stunning, complex narrative about the fractured legacy of a decades-old double murder in rural West Virginia -- and the writer determined to put the pieces back together. In the early evening of June 25, 1980 in Pocahontas County, West Virginia, two middle-class outsiders named Vicki Durian, 26, and Nancy Santomero, 19, were murdered in an isolated clearing. They were hitchhiking to a festival known as the Rainbow Gathering but never arrived. For thirteen years, no one was prosecuted for the "Rainbow Murders" though deep suspicion was cast on a succession of local residents in the

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community, depicted as poor, dangerous, and backward. In 1993, a local farmer was convicted, only to be released when a known serial killer and diagnosed schizophrenic named Joseph Paul Franklin claimed responsibility. As time passed, the truth seemed to slip away, and the investigation itself inflicted its own traumas -- turning neighbor against neighbor and confirming the fears of violence outsiders have done to this region for centuries. In *The Third Rainbow Girl*, Emma Copley Eisenberg uses the Rainbow Murders case as a starting point for a thought-provoking tale of an Appalachian community bound by the false stories that have been told about it. Weaving in experiences from her own years spent living in Pocahontas County, she follows the threads of this crime through the complex history of Appalachia, revealing how this mysterious murder has loomed over all those affected for generations, shaping their fears, fates, and desires. Beautifully written and brutally honest, *The Third Rainbow Girl* presents a searing and wide-ranging portrait of America -- divided by gender and class, and haunted by its own violence.

Mortician Diaries

Following her divorce, Nell Dysart takes a job working for a detective agency and finds herself knee deep in embezzlement, bribery,

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blackmail, arson, adultery, murder, and passion with her boss, Gabe McKenna.

The War that Saved My Life

As seen in Time, USA TODAY, The Atlantic, The Wall Street Journal, and on CBS This Morning, BBC, PBS, CNN, and NPR, iGen is crucial reading to understand how the children, teens, and young adults born in the mid-1990s and later are vastly different from their Millennial predecessors, and from any other generation. With generational divides wider than ever, parents, educators, and employers have an urgent need to understand today's rising generation of teens and young adults. Born in the mid-1990s up to the mid-2000s, iGen is the first generation to spend their entire adolescence in the age of the smartphone. With social media and texting replacing other activities, iGen spends less time with their friends in person—perhaps contributing to their unprecedented levels of anxiety, depression, and loneliness. But technology is not the only thing that makes iGen distinct from every generation before them; they are also different in how they spend their time, how they behave, and in their attitudes toward religion, sexuality, and politics. They socialize in completely new ways, reject once sacred social taboos, and want different things from their lives and careers. More than previous generations,

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they are obsessed with safety, focused on tolerance, and have no patience for inequality. With the first members of iGen just graduating from college, we all need to understand them: friends and family need to look out for them; businesses must figure out how to recruit them and sell to them; colleges and universities must know how to educate and guide them. And members of iGen also need to understand themselves as they communicate with their elders and explain their views to their older peers. Because where iGen goes, so goes our nation—and the world.

Fahrenheit 451

“Fast Girls is a compelling, thrilling look at what it takes to be a female Olympian in pre-war America Brava to Elise Hooper for bringing these inspiring heroines to the wide audience they so richly deserve.”—Tara Conklin, New York Times bestselling author of *The Last Romantics* and *The House Girl*

Acclaimed author Elise Hooper explores the gripping, real life history of female athletes, members of the first integrated women’s Olympic team, and their journeys to the 1936 summer games in Berlin, Nazi Germany. Perfect for readers who love untold stories of amazing women, such as *The Only Woman in the Room*, *Hidden Figures*, and *The Lost Girls of Paris*. In the 1928 Olympics,

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Chicago's Betty Robinson competes as a member of the first-ever women's delegation in track and field. Destined for further glory, she returns home feted as America's Golden Girl until a nearly-fatal airplane crash threatens to end everything. Outside of Boston, Louise Stokes, one of the few black girls in her town, sees competing as an opportunity to overcome the limitations placed on her. Eager to prove that she has what it takes to be a champion, she risks everything to join the Olympic team. From Missouri, Helen Stephens, awkward, tomboyish, and poor, is considered an outcast by her schoolmates, but she dreams of escaping the hardships of her farm life through athletic success. Her aspirations appear impossible until a chance encounter changes her life. These three athletes will join with others to defy society's expectations of what women can achieve. As tensions bring the United States and Europe closer and closer to the brink of war, Betty, Louise, and Helen must fight for the chance to compete as the fastest women in the world amidst the pomp and pageantry of the Nazi-sponsored 1936 Olympics in Berlin.

Self-Made Man

NEW YORK TIMES BESTSELLER The former middle distance Olympic runner and high-end escort speaks out for the first time about her battle with mental illness, and how mania

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controlled and compelled her in competition, but also in life. This is a heartbreakingly honest yet hopeful memoir reminiscent of *Manic*, *Electroboy*, and *An Unquiet Mind*. During the 1990s, three-time Olympian Suzy Favor Hamilton was the darling of American track and field. An outstanding runner, a major sports apparel spokesperson, and a happily married wife, she was the model for an active, healthy, and wholesome life. But her perfect facade masked a dark truth: manic depression and bipolar disorder that drove her obsession to perform and win. For years after leaving the track, Suzy wrestled with her condition, as well as the loss of a close friend, conflicted feelings about motherhood and her marriage, and lingering shame about her athletic career. After a misdiagnosis and a recommendation for medication that only exacerbated her mania and made her hypersexual, Suzy embarked on a new path, and assumed a new identity. Fueled by a newfound confidence, a feeling of strength and independence and a desire she couldn't tamp down, she became a high-priced escort in Las Vegas, working as "Kelly." But Suzy could not keep her double life a secret forever. When it was eventually exposed, it sent her into a reckless suicidal period where the only option seemed out. Finally, with the help of her devoted husband, Suzy finally got the proper medical help she needed. In this startling frank memoir, she recounts the journey to outrun her demons, revealing how a

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woman used to physically controlling her body learned to come to terms with her unstable mind. It is the story of a how a supreme competitor scored her most important victory of all—reclaiming her life from the ravages of an untreated mental illness. Today, thanks to diagnosis, therapy, Kelly has stepped into the shadows, but Suzy is building a better life, one day at a time. Sharing her story, Suzy is determined to raise awareness, provide understanding, and offer inspiration to others coping with their own challenges.

Manic

“I honestly loved this book.” —Jim Norton, New York Times bestselling author of *I Hate Your Guts* “Eleanor taught Noelle that, first and foremost, *Courage Takes Practice*. Her yearlong quest to face her terrors, great and small, is moving, enriching, and hilarious—we readers are lucky to be along for the ride.” —Julie Powell, bestselling author of *Julie & Julia* In the tradition of *My Year of Living Biblically* and *Eat Pray Love* comes *My Year with Eleanor*, Noelle Hancock’s hilarious tale of her decision to heed the advice of First Lady Eleanor Roosevelt and do one thing a day that scares her in the year before her 30th birthday. Fans of Sloane Crosley and Chelsea Handler will absolutely adore Hancock’s charming and outrageous chronicle of her courageous endeavor and delight in her

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poignant and inspiring personal growth.

The Immortal Life of Henrietta Lacks

Our sharpest and most original social critic goes "undercover" as an unskilled worker to reveal the dark side of American prosperity. Millions of Americans work full time, year round, for poverty-level wages. In 1998, Barbara Ehrenreich decided to join them. She was inspired in part by the rhetoric surrounding welfare reform, which promised that a job -- any job -- can be the ticket to a better life. But how does anyone survive, let alone prosper, on \$6 an hour? To find out, Ehrenreich left her home, took the cheapest lodgings she could find, and accepted whatever jobs she was offered. Moving from Florida to Maine to Minnesota, she worked as a waitress, a hotel maid, a cleaning woman, a nursing-home aide, and a Wal-Mart sales clerk. She lived in trailer parks and crumbling residential motels. Very quickly, she discovered that no job is truly "unskilled," that even the lowliest occupations require exhausting mental and muscular effort. She also learned that one job is not enough; you need at least two if you int to live indoors. Nickel and Dimed reveals low-rent America in all its tenacity, anxiety, and surprising generosity -- a land of Big Boxes, fast food, and a thousand desperate stratagems for survival. Read it

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for the smoldering clarity of Ehrenreich's perspective and for a rare view of how "prosperity" looks from the bottom. You will never see anything -- from a motel bathroom to a restaurant meal -- in quite the same way again.

Such a Fun Age

A STORY OF ENDURING LOVE, SIBLING LOYALTY AND A SECRET PACT THAT LASTS A LIFETIME Kilbride House is set on the mystical Dingle Peninsula. Victoria Goulding, a Protestant, falls in love with Canice Meagher, born on the Blasket Islands and a Roman Catholic. To be together they must elope. Before their escape, the hand of fate plays its cards and changes their lives irrevocably. Sixty-three years later, in the leafy suburbs of New York, Edith Goulding, Victoria's sister, has died. Edith left Ireland in the winter of 1955 all those years ago, never to return. In her will she has insisted that her daughter Catherine and granddaughter Lainey visit Kilbride. Kilbride House, despite all its grandeur, holds shocking memories within its walls - memories that have slipped through the cracks of time. As the ghosts awaken the lies begin to unravel, and everything is altered. The past cannot remain untold. PRAISE FOR KILBRIDE HOUSE "Sheila Forsey's stunning debut novel Kilbride House vividly evokes 1950's Ireland. Comparisons to Colm

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Tóibín's masterpiece Brooklyn are inevitable and justified. I urge you to pick up a copy." Chris Sherry, editor, Ulster Tatler

Summary of Fast Girl

"For anyone who has felt the thrill of snapping up a bargain or buying something extravagant, this glimpse of the far side of shopping's emotional kicks can be fascinating." --Malcolm Ritter, San Francisco Chronicle As a child, Avis Cardella devoured the glamorous images in her mother's fashion magazines. She grew up to be one of the people in them, living a life that seemed to be filled with labels and luxury. But shopping had become a dangerous addiction. She forwent food for Prada. Credit card debt blossomed like the ever-increasing pile of unworn shoes and clothing in the back of her closet. She defined herself by the things she owned and also lost herself in the mad hunt for the perfect pair of pants or purse that might make her feel whole. Spent is Avis Cardella's timely, deeply personal, and shockingly dramatic exploration of our cultural need to spend, and of what happens when someone is consumed by the desire to consume.

In Pursuit of Love

"Alix Chamberlain is a woman who gets what

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she wants and has made a living, with her confidence-driven brand, showing other women how to do the same. So she is shocked when her babysitter, Emira Tucker, is confronted while watching the Chamberlains' toddler one night, walking the aisles of their local high-end supermarket. The store's security guard, seeing a young black woman out late with a white child, accuses Emira of kidnapping two-year-old Briar. A small crowd gathers, a bystander films everything, and Emira is furious and humiliated. Alix resolves to make things right. But Emira herself is aimless, broke, and wary of Alix's desire to help. At twenty-five, she is about to lose her health insurance and has no idea what to do with her life. When the video of Emira unearths someone from Alix's past, both women find themselves on a crash course that will upend everything they think they know about themselves, and each other"--

The Promise of Adolescence

Confessions of a Sociopath is both the memoir of a high-functioning, law-abiding (well, mostly) sociopath and a roadmap -- right from the source -- for dealing with the sociopath in your life. As M.E. Thomas says of her fellow sociopaths, "We are your neighbors, your coworkers, and quite possibly the people closest to you: lovers, family, friends. Our risk-seeking behavior and general

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fearlessness are thrilling, our glibness and charm alluring. Our often quick wit and outside-the-box thinking make us appear intelligent—even brilliant. We climb the corporate ladder faster than the rest, and appear to have limitless self-confidence. Who are we? We are highly successful, noncriminal sociopaths and we comprise 4 percent of the American population.” Confessions of a Sociopath—part confessional memoir, part primer for the curious—takes readers on a journey into the mind of a sociopath, revealing what makes them tick while debunking myths about sociopathy and offering a road map for dealing with the sociopaths in your life. M. E. Thomas draws from her own experiences as a diagnosed sociopath, her popular Sociopathworld blog, and scientific literature to unveil for the very first time these men and women who are “hiding in plain sight.”

Brown Girl Dreaming

A journalist’s provocative and spellbinding account of her eighteen months spent disguised as a man. Norah Vincent became an instant media sensation with the publication of *Self-Made Man*, her take on just how hard it is to be a man, even in a man’s world. Following in the tradition of John Howard Griffin (*Black Like Me*), Vincent spent a year and a half disguised as her male alter ego,

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Ned, exploring what men are like when women aren't around. As Ned, she joined a bowling team, took a high-octane sales job, went on dates with women (and men), visited strip clubs, and even managed to infiltrate a monastery and a men's therapy group. At once thought-provoking and pure fun to read, *Self-Made Man* is a sympathetic and thrilling tour de force of immersion journalism.

The Girl with the Louding Voice

The author describes his longtime battle with ills of manic depression, his desperate search for the ultimate high, the art-forgery scandal that confined him to jail and to house arrest, and his decision to opt for the controversial treatment of electroconvulsive therapy to preserve his sanity. Reprint. 30,000 first printing.

iGen

An attractive, highly successful Beverly Hills entertainment lawyer, Terri Cheney had been battling debilitating bipolar disorder for the better part of her life—and concealing a pharmacy's worth of prescription drugs meant to stabilize her moods and make her "normal." In explosive bursts of prose that mirror the devastating mania and extreme despair of her illness, Cheney describes her roller-coaster existence with shocking

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honesty, giving brilliant voice to the previously unarticulated madness she endured. Brave, electrifying, poignant, and disturbing, Manic does not simply explain bipolar disorder—it takes us into its grasp and does not let go.

Fast Girl

The hauntingly prophetic classic novel set in a not-too-distant future where books are burned by a special task force of firemen.

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